



DECEMBER 2023

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CIRCULATION 13,000

DISTRICT PERSPECTIVE Playgrounds are for everyone



Play is a central part of childhood, and a trip to the neighborhood playground is often the highlight of a child's day. A game of "the ground is lava" can turn a slide into a volcano, a stranger into a friend. Playing together helps children learn how to

SEN. SANDY PAPPAS columnist

collaborate, problemsolve and stretch their imaginations. In fact, the United Nations names play as one of the rights of every child, and organizations from the American Academy of Pediatrics to the Centers for Disease Control recommend active play for children every day, citing countless socio-emotional and health benefits.

But the slides and swings in many of our community playgrounds are often inaccessible for young people with disabilities. A child with spina bifida, autism, low vision or any type of different ability may find themselves left on the sidelines while their peers leap across the monkey bars. Children of all abilities deserve places where they can play together and build lifelong communication skills and friendships.

Inclusive playgrounds are the solution to this structural exclusion. With designs that accommodate wheelchairs and help from caregivers, build in sensory rest areas to take a quiet break, modify climbing structures for low-vision or blind children and more, inclusive playgrounds welcome children of all abilities to play, learn and grow. These designs also make it easier for a grandparent or adult with limited mobility to enjoy playgrounds and engage in play with their young relatives, turning the park into a place for multigenerational joy.

As chair of the Capital Investment Committee, I've been delighted in recent years to see more communities asking for state assistance to build inclusive playgrounds. Just this year, I funded an inclusive playground in our district on West 7th Street, with the support of local

PLAYGROUND, PG 3

Shaking up St. Paul-itics

BY DAMIAN GOEBEL

hanges are coming to City Hall following the 2023 election.

This year's local election saw four members deciding not to run again including Ward 3 Councilmember Chris Tolbert and Council President Amy Brendmoen, bringing four new members to the City Council, which will be all female and predominantly people of color for the first time in the city's history. In addition, voters decided on an increased

sales tax in the city and elected four members to the Board of Education.

Noecker wins reelection

Rebecca Noecker won reelection on November 7 to represent St. Paul's Ward 2 in the City Council. This will be Noecker's third term.

"I'm excited to keep working hard to make St. Paul a better place for working families, a place where all kids get off to a great start and all people feel safe and free to thrive," Noecker said in a statement.

First elected in 2015, Noecker has been at the center of several issues facing the city and the West End, including the Justus Ramsey House and Listening House controversies, the redevelopment of Pedro Park, updating the city's firearm discharge ordinance to require all firearms to be safely stored and secured with a locking device, the passage of the city's rent control measures and the establishment of a reparations committee in St. Paul.

Noecker will remain as the most tenured member heading into the next term.

Noecker received over 63% of the first choice votes, winning every precinct in the Ward.

Saura Jost prevails in Ward 3

Saurau Jost was elected to be the next City Council representative in St. Paul's Ward 3.

Jost received almost 48.5% of the first choice votes in Ward 3 on election day, just shy of the 50% threshold for avoiding an instant runoff on ranked choice ballots. She received more than the roughly 200 votes needed when Ramsey County officials counted second choice votes from November 10-12 to surpass 50% of the vote.

"I'm ready to get to work, with my community and my Council colleagues, to improve our aging infrastructure, take bold steps for climate action and address our city's need for safe and affordable housing" Jost said in a statement on social media.



Saura Jost

from Ward 3.

first all-female City Council in the next term.

councilmember Christ Tolbert, who elected to

Sales tax hike approved by St. Paul voters

St. Paul voters approved a 1% sales tax increase

in the city on November 7 by a nearly 2:1 margin.

Elected officials put forth the ballot measure,

which they say will raise nearly \$1 billion over the

next 20 years, to pay for street repair and parks

improvement, with about 75% of the funding

City leaders claim the sales tax increase is

a necessary step to pay for our infrastructure,

pointing out that a sales tax increase will also

allow visitors to the city to help bear the burden

on St. Paul's residents. Opponents largely point

to the fact that St. Paul will now have one of the

of the costs rather than increasing property taxes

going to streets and the other 25% to parks.

She is also the first female Councilmember

She replaces longtime incumbent

not seek reelection this year.





Carlo Franco



Erica Valiant

highest sales tax rates in the state.

According to the Department of Public Works, most roads have a 60 year lifecycle and St. Paul's streets are only planned to be replaced every 124 years. Public Works has already developed a 20 year plan for which streets they will be prioritizing, including portions of Shepherd Road and Cleveland Avenue in the West end and a portion Kellogg Boulevard in downtown.

The \$738 million allocated through the tax increase for road improvement and reconstruction projects is planned to include a total of 24 arterial and collector roads, including some bridges, over 44 miles in each of the seven wards.

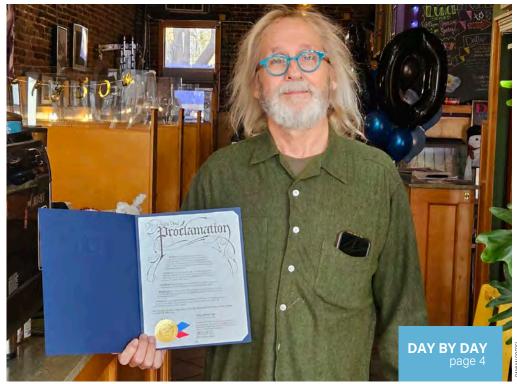
An additional \$246 million is budgeted for Parks and Recreation improvements, with a focus on the city's parks in the worst condition. Additionally, revenue from the increased sales tax would fund a new community center on the East Side of the city, a multi-purpose athletic



WEST END PROFILE Work, respect and caring for your community

BY JERRY ROTHSTEIN When we learned that Korinne Gerhart is the new president of the Little Bohemia Neighborhood Association, knowing that she had also been elected to the board of the West 7th/Fort Road Federation as an Area 1 Coordinator, we felt it was time for the wider community to know more about just the kind of community member we hope for — concerned, informed and active in community life. Korinne was born in Philadelphia, where she grew up in a challenging childhood of many moves, family concerns and dangers from all around — but she had dreams, and seemed to be aiming for a life of community service from an early age. She loved to read and was determined to be her family's first college grad. She recalls being a Junior Block Captain, working on her neighborhood's annual party and street cleanups, and later running for treasurer in high school. Volunteering was second nature. In high school, she received mentoring from the Philadelphia Futures, a college access and success program, from Pauline Abernathy, who believed in her and celebrated her along her journey. As a freshman at Temple University, Korinne was offered a role with the Philadelphia Eagles' Youth Partnership

COMMUNITY TRADITIONS Ekbom celebrates 50 years of taking it 'Day by Day'



Rebecca Noecker Jost, a civil engineer, joins what will be the





Korinne Gerhart

program, in its efforts to provide eyeglasses and books to youth in the Greater Philadelphia community. After graduating from Temple,

COMMUNITY, PG 4

Greg Ekbom shows off his proclamation for "Greg Ekbom Day" in St. Paul. See story on page 4.

Visit us online: communityreporter.org

Community News & Events

Keg and Case repossessed by lender

Minneapolis/St. Paul Business Journal reported last month that Keg and Case Market, 978 West 7th, has been repossessed by MidWestOne Bank from its original owner, Craig Cohen.

MidWestOne is now the owner of record on the property according to Ramsey County records.

The bank sued Cohen in April of this year for defaulting on over \$5 million in outstanding loans. The Business Journal reported that Cohen entered into a voluntary foreclosure agreement on the property. In their initial court filing, MidWestOne said

that they were seeking foreclosure with the hope of recouping their outstanding debt through a sale of the property.

Keg and Case opened to much fanfare in 2018 with over 20 businesses, but was hit especially hard during the pandemic, losing several high profile tenats, and has failed to regain its original allure. One of its original tenants, Clutch Brewing Company, announced just before news broke of the foreclosure that it would be closing shop by the end of the year. Excluding Clutch, Keg and Case currently has five permanent occupants of the building, Five Watt Coffee, Pimento, Starcade, Sana CBD and Soapy Toads.

Despite the change in ownership, the market will continue to remain open and will host weekend holiday markets through the end of the year.

Visit kegandcase.com for more on their current vendors and upcoming events.

CLUTCH BREWING ANNOUNCES CLOSING

Clutch Brewing Company announced on social media on November 9 that they would be closing by the end of the year.

"With a heavy heart, we announce that Clutch Brewing Company will be closing at the end of the year. Many factors have led to this conclusion, and it's just not sustainable to keep the brewery up and running," they said in a Facebook post.

Clutch opened in 2018 as one of the initial tenants of Keg and Case Market, 928 West 7th, and was one of the only original occupants left in the food hall.

The brewery has said it will be open until December 31 and will be having events and sales throughout December as they wind down operations.

ELEVATED LEAD LEVELS FOUND IN SOME ST. PAUL HOMES

Some St. Paul residents received notification last month in the mail that elevated levels of lead had been found in some homes and buildings

The letter, dated November 8, stated that, during an analysis of tap water samples from homes and buildings, St. Paul Regional Water Services (SPRWS) found 13 of the samples exceeding the EPA's action level for lead of 15 parts per billion.

Lead in drinking water can cause serious health problems, especially for pregnant women and young children.

Earlier this year, the City of St. Paul launched Lead Free SPRWS, a program to replace all lead service lines in the city over

the next 10 years, to reduce potential lead exposure to people using St. Paul's water. As part of the program, SPRWS offers financial assistance for replacing lead water lines in the home as well as provides corrosion control, a treatment process to minimize lead being leached into the water.

According to SPRWS, if you are concerned about lead in your home or building, there are a few simple steps you can take to reduce exposure, like cleaning your aerator, letting the water run before using it and using cold water for drinking and cooking as hot water can absorb more lead from pipes.

SPRWS also offers free water testing kits.

To learn about Lead Free SPRWS, including an interactive map of where there are lead service lines and info on ordering a lead testing kit, visit stpaul.gov/departments/saint-paul-regionalwater-services/customer-resources/lead-free-sprws

OVERNIGHT WINTER WARMING SPACES OPEN IN ST. PAUL FOR RESIDENTS FACING HOMELESSNESS

Ramsey County has officially opened its first Winter Warming Space of the season in St. Paul for single adults and couples. Additionally, on Dec. 1, another St. Paul Winter Warming Space will open designed specifically for families and youth ages 14 to 24

The Warming spaces will be hosted at the St. Paul Opportunity Center, 422 Dorothy Day Place, and Central Baptist Church, 420 N. Roy St. The Opportunity Center will host single

adults and couples while the Central Baptist Church location, opening on December 1, is specifically for families and youth. The warming space locations will remain open every night through the end of March 2024 from 6 p.m. to 9 a.m. They will provide seating, blankets, light snacks and hot beverages such as hot cocoa and coffee. Warming essentials like hats and gloves will also be provided to those in need of cold weather supplies.

Ramsey County staff will be available to answer calls at 651 266-1050 and respond to emails sent to ColdWeatherReferrals@ ramseycounty.us from 5 p.m. to 5 a.m., facilitating referrals to available warming spaces or additional shelter beds. Staff will operate a free shuttle van service, ensuring transportation to and from Winter Warming Space locations from designated pickup points every day running from 6 p.m. to 9 a.m.

For information visit ramseycounty.us/WarmingSpaces.

CLINIC 555 CAREVAN ROLLS OUT TO BRING HEALTH AND WELLNESS TO COMMUNITY

Ramsey County Public Health celebrated the rollout of its Clinic 555 mobile CareVan on November 9. The van enables Public Health to expand access to underserved communities as

NEWS, PG 3



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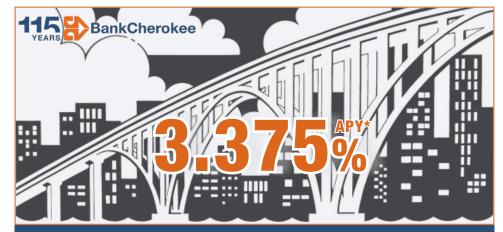
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Help the Community Reporter reach our goals

The Community Reporter is about to begin its 54th year as a nonprofit service to the West End and neighboring areas of St. Paul.

We are launching a campaign with two goals — first, to raise new funds that will allow us to expand our range, both through expanded deliveries and by enriching our online presence — and second, to encourage many community members to become personally involved in our efforts to explore, explain and understand our community's history, creativity, enterprise and concern for others.

In many ways, the Community *Reporter* has always been a "community of practice," an intentional coming together of people committed to working together to accomplish worthwhile goals. We

have supported all the agencies and nonprofits, the artists and businesses, the community development campaigns that have made the last half-century so full. In turn, individuals and especially businesses have donated and advertised to make our work possible.

Now, we'd like to shift a bit more toward a membership concept. We want to raise \$30,000 in 2024 to invest in our website and other online activities, and to expand direct deliveries to neighboring neighborhoods like Highland and the West Side. Such expansion will enable us to increase our advertising revenues as well.

Jerry Rothstein Administrative Director

Visit **communityreporter.org/donate** to give today.

Would you become part of this effort by pledging \$5 per month?

YES!

Name Email Phone ____ Mailing address

My pledge: \$_____per month.

A community of practice is a group of people who "share a concern or a passion for something they do and learn how to do it better as they interact regularly". The concept was first proposed by cognitive anthropologist Jean Lave and educational theorist Etienne Wenger in their 1991 book Situated Learning. [Citation from Wikipedia.]



BUILDING COMMUNITY Light, Darkness and a Path to Peace



Most of us have a complicated relationship with darkness and light. When I was a child, we loved playing flashlight tag on the farm, especially when the nights were cloudy and the evening was so dark that you were unable to see your hand held in front of your face. The game largely

TIM JOHNSON columnist

came to an end when our grandfather bought the salesman's argument that we needed one of those large, intrusive yard lights, negating the possibilities of darkness's cover. We felt alive in the darkness. On the other hand, there were nights when nature called that I felt great unease, bordering on dread as I passed by the window in the stairwell, framing nothing but the evening's darkness with all its unknowns.

Because so many places in the world have filled the evening's sky with light, places of true darkness have become tourist destinations for people wishing to see the wonder of stars, constellations and galaxies. At the same time, many people living in the northern regions, like Minnesota, struggle with the growing darkness of winter and find it necessary to infuse their days with extra light just to get by.

Daylight enables life to grow and flourish. Darkness enables life to rest and renew. We are nurtured in the darkness of our mother's womb. We are born into the light of life. It is no wonder that a common symbol among the world's many great spiritual traditions is a candle giving contrast to the darkness. An often quoted verse heard in Christian churches comes from the Gospel of John, which reads, "The light shines in the darkness and the darkness did not overcome it." John 1:5. Neither does the light overcome the darkness. Darkness makes room for light and light leaves room for darkness. Both are essential.

Light and darkness dwell within each of us, which is an orientation desperately needed in Israel, Palestine, here in the U.S and everywhere that humans lose sight of our common humanity, including our own communities and families. If the Israelis saw the shared light and darkness in Palestinians, it would be harder to maintain an oppressive occupation or drop bombs on innocent civilians. If Palestinians saw the shared light and darkness of Israelis, it would be much harder to ignore the lingering wounds of antisemitism that evoke so much fear or massacre entire communities as was done by Hamas.

We long for peace in our lives, in our nation and in our world, but until we recognize the potential of light and darkness within each and every one of us, peace will elude us. Christians are entering a season in which we celebrate the birth of one often called "The Prince of Peace," reflected in the heart warming image of the nativity scene. Often overlooked in our reading of the birth story is the murder of little children by King Herod, who feared this child of promise that Scripture claims saw light and darkness in all. Herod's fear is a warning of

what happens when we fail to recognize the light and the darkness in our shared humanity. The children suffer. On a night hike with a group of young people in

northern Minnesota, we were encouraged by the naturalist to leave our flashlights in the cabins. She assured us that as we walked away from the light of the cabins and further into the woods, our eyes would begin to adjust and we would see more than we had imagined. At first we were a bit hesitant, especially as we began descending a trail on the side of a hill. But, as we walked our eyes began discovering light where we had not expected it to be. It was as if the light and the darkness were in balance, each giving existence to the other. Peace is possible. It is a gift to be received and a choice to be made when we recognize and embrace the lightness and the darkness we all share.



265 Oneida St. St Paul, MN 55102 **Copy Deadline: December 18** Ad Deadline: December 20

BOARD OF DIRECTORS

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LETTER TO THE EDITOR Be part of the gun theft solution

Gun thefts are on the rise in St. Paul but there is one easy way to end this trend: Secure your guns at home.

Law abiding gun owners do not want their weapons to end up in the hands of criminals, but that is what is happening here in St. Paul and across the nation.

Between 2017-2021, more than a

PLAYGROUND, PG 1

partners Councilmember Rebecca Noecker, St. Paul Park Director Andy Rodriguez and former council member Dave Thune. It's a trend across Minnesota: I was proud to fund three other inclusive playarounds in Apple Valley, Fridley and Inver Grove Heights in 2023; and as I've traveled across the state this fall to visit new project proposals, I've met leaders who have already built inclusive playgrounds and heard their stories of how accessible design improves the playground experience for every member of the community.

We are trying to craft bonding bills that reflect equity and inclusivity. In some cases, that means services - like job training and mental health support — alongside the water quality, road improvement and state university projects that have filled bonding bills in years past. Looking forward, it also means listening to advocates in the disability community and integrating accessibility into everyday design, from curb cuts to parks.

People with disabilities have too often been left out of the equity discussion. Children with disabilities and developmental differences shouldn't have to struggle to join their friends in playtime; they should be included without a second thought. Funding accessible playgrounds in community parks is one step loward a more inclusive future

million guns were stolen from private citizens. Most often these guns are taken from cars where gun owners have left them unsecured. Our St. Paul Police department confirms that criminals are finding guns in 1-in-10 cars in St. Paul.

Securely storing firearms prevents guns from being used by others to take their own lives, being accidentally discharged by children or being used in criminal activity.

Safe storage isn't just a way to reduce crime and prevent tragedy, it is also the law in St. Paul. Chapter 225 of St. Paul City Ordinance was amended in May of 2023 making it illegal to leave loaded or unloaded firearms unattended in locations where another person can gain access unless they are secured with a locking device.

Be part of the solution. Leave your firearms securely stored at home and never leave them in your car.

.....

Concerned West 7th residents, Susan Thune (49 year West 7th) resident, Marit Brock (Little Bohemia neighborhood) funding nonprofits that provide community

CHANGES, PG 1

complex, an environmental learning space at Crosby Farm Regional Park and investment in the River Balcony project along Kellogg Boulevard in downtown.

Read more: To find more details on the plans and the impacts of the 1% sales tax increase, visits stpaul.gov/salestax

Four elected to School Board

Voters in St. Paul elected four members to the Board of Education on November 7. Carlo Franco, Chauntyll Allen, Erica Valliant and Yusef Carrillo were the top four vote getters of the seven candidates on this year's ballot.

school board, winning their first election. Allen will serve her second term on the Board of Education while Carillo will be serving his first full term after being appointed in 2021 to replace the seat vacated by Steve Marchese.

Valiant and Franco will be new faces to the

Long-time incumbent Zuki Ellis lost her reelection bid, coming in fifth in the voting, about 4,000 votes behind Carillo.

The four members elected represent a clean sweep of candidates endorsed by the St. Paul Federation of Teachers, the district's school teacher union.

The winners will be joining Halla Henderson, Jim Vue and Uriah Ward on the School Board.

NEWS, PG 2

part of its mission to reduce health disparities.

Purchased with federal Title X grant funds, the CareVan features space to meet with patients to discuss health concerns, an exam room and telehealth connectivity for virtual visits with a nurse practitioner. Current services offered on-site include: Screening and testing for sexually transmitted infections (STI), HIV, Hepatitis C; Information and health education about safer sex products. Telehealth or in-

person visits with nurse practitioners for sexual health exams, PrEP, STI, Hepatitis C treatment and birth control. Harm reduction supplies (naloxone and syringe exchange for safer use).

Clinic 555 has had a soft launch at various community events and sites. The clinic is actively seeking requests from community organizations and groups interested in having the CareVan available at their sites on a regular basis, or at events. More information as well as a form for organizations to request the CareVan are available at ramseycounty.us/clinic555inthecommunity.

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Community Traditions

Celebrating one hundred years of Palumbo Mass

BY JEANNE PECHMANN

Most of us won't remember the article in the St. Paul paper about the tragedy that has affected our family since 1923. A man was killed and another injured in a cave-in at an excavation site at University Ave. and Griggs Ave. by the City Water Department.

The man who was killed was my uncle, Dan Palumbo. He was not supposed to work that day, but agreed to check on a water department problem underground. There was a cave-in and he didn't survive. He was 28 years old and left behind a wife and two small children. It was December 20, 1923, five days before Christmas.

But there wasn't any "Christmas" that year for his mom, dad and siblings at the family home on Chestnut St. in St. Paul; just unbearable pain and despair.

Thus our story begins. The funeral Mass was said by Monsignor Louis F. Pioletti at Holy Redeemer Catholic Church (now part of the St. Joseph's Hospital Complex).

That first year after Mass, it was too painful just to leave and go home. So over the next few years they went to Dan's sisters', either Minni's or Evie's homes, for coffee and donuts. With seven siblings and families of their own, those homes became too small for the larger gathering. It became necessary to gather for a potluck in a church with a basement. Father Thomas J. Pingatore followed

Father Pioletti at officiating the next Masses for many years.

Now, for the last several years, Father John Forleti has said the Masses at St. Stanislaus Church. He always blesses all past and present members of the Palumbo and extended family. Then he blesses all the food before we eat.

Each year, a different family makes the arrangements with Father John for the readings, lector and Eucharistic Ministers. That family then hosts the potluck, from set up to clean up. The next family knows it's "their turn" next year. Everyone knows that December is the Palumbo Mass.

The tradition has been going on for 100 years this December.

Leaving after eating is the hardest part. It will be another year before we see each other again. But now we hug, smile, reminisce, laugh and hug some more. We rejoice in the new babies, see how the children are older, bigger and not children anymore. Eyes mist over for those who are not present due to death or failing health. Then we hug some more and say goodbye once more and leave the church. That's the hardest.

The first and second generations are gone. Dan's mother, father, wife, sisters and brothers



Palumbo's parents and siblings, (standing left to right) Joe, Louie, Pat, Chuck, (sitting) Evie, Minnie, his mother Philomena, father Antonio and Femie, circa 1952.



Dan Paumbo with his family in 1923, along with the original article recapping his accident.

are all gone. The little house on Chestnut St. is gone. But the third generation continues (even with COVID). We always have 100-120 family members for Mass and potluck.

This December, we will be celebrating the 100th anniversary of the annual Palumbo Mass. Uncle Dan has kept us together for family, faith and food. It's tradition.

Greg Ekbom celebrates 50 years taking it 'Day by Day'

BY DAMIAN GOEBEL

Greg Ekbom looked uncomfortable at Day by Day Cafe, the restaurant he founded located at 477 West 7th St., on November 27. That's because, instead of him being there for neighbors and friends like he has been for the past 48 years at the West 7th diner, the people were there for him.

November 26th marked Ekbom's 50th ear of sobriety, and his 48th year of business, and the restaurant was fast filling with people to celebrate.

Ekbom started Day by Day 48 years ago on West 7th (it's been in its current location since 1980) as a way to give back to the recovery community. It has long been a place to support people struggling with sobriety getting back into the workforce and has even hosted recovery meetings, before they moved to St. Stanislaus Church because they "got too big," according to Ekbom. Even the name comes from one of the tenents of sobriety.



ONE KILLED IN CAVE-IN

Second City Employe is injured in University and Griggs Mishap:

One man was killed and another was injured seriously at noon today when they were caught by a cave-in in an excavation at University ave-mue and Griggs street, where they were employed by the City Water Separtment.

The man who was killed was Dan-

The man who was killed was Dan-rel Palumbo, 826 Margaret street. The other man, Leon Nunamaker, was rescued by firemen and taken to Ancker hospital, where physicians re-ported that he was cut and bruised painfully and that he may have in-ternal injuries.

Palumbo was at the bottom of the excavation, which is about fifteen feet, deep, and Niinamaker was standing on the edge. when the bank caved in.

givemn.org/ organization/ **Community-Reporter**

Mail check to: Community Reporter, 265 Oneida St., St. Paul, MN 55102

Community Reporter is a nonprofit, and donations are tax-deductible.

A long-time employee at the Day by Day, Saul Garcia, said wanted to mark the occasion by surprising Ekbom because he has meant so much to the recovery community, and the West 7th community, in St. Paul. He contacted the Mayor's office to have November 26, 2023 officially recognized as "Greg Ekbom Day" in the city. being able to take your recovery "day by day."

Ekbom, who is now "mostly retired" and lives in Osceola, Wis., said he still comes down to the cafe a few times a week that is now owned by his kids John and Gena Ekbom. Despite being 50 years into his recovery,

Ekbom said he still attends meetings near his home in Osceola, but that he will be attending one in the neighborhood this week.

"I'm getting a pin for 50 years," he said.



COMMUNITY pg 1

she became the full-time coordinator of the program. Korinne met her husbandto-be, Micah, in the Eagles' organization, as he worked as an athletic trainer for the team. She had advanced into the role of program manager for the Eagles Charitable Foundation.

In the spring of 2020, Micah needed to explore new opportunities in sports medicine, and strong possibilities in the Twin Cities emerged. He landed a job as an Athletic Trainer with Twin Cities Orthopedics. In July 2023, Korinne joined the University of Minnesota Foundation as a senior development officer on the heart,

medicine and surgery team, securing funding for research and patient assistance. She also volunteers with ACES — Athletes Committed to Educating Students — as a member of their Advisory Board and Save-A-Bull Rescue.

A year after arriving, they were ready to find a more permanent place to live, and the West End attracted them with its older, bluecollar feeling reminiscent of Philadelphia. They found a house in Little Bohemia and moved in December 2021.

Korinne continues to take inspiration from her grandmother's emphasis on work, respect and caring for your community. She's excited to be here and is working to meet, and be met, by her neighbors.





RISTORANTE & BAR



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Holiday Season in Full Swing

The Holiday's are right around the corner, and the West End and surrounding neighborhoods are a great spot to celebrate.



European Christmas Market

Shopping local

Keg and Case Weekend Holiday Market

Weekends through December 23. Keg and Case Market Many of your favorite makers and sellers will be back

at Keg and Case for Holiday Weekend Markets starting November 24 through December 23. Holiday Weekend Market vendors vary by weekend, please check individual event listings at kegandcase.com/events12 for a detailed schedule of vendors.

European Christmas Market at Union Depot

Weekends through December 17. Union Depot The European Christmas Market returns for its 10th year at Union Depot. It stands as Minnesota's sole authentic outdoor experience of its kind and is distinguished as the only market to run for four weekends successively.

New this year is the addition of Santa's Village, a new market area, packed with additional vendors, craft stations, a holiday ride and Santa's Post Office. The new Santa's Village will cover an additional 9,000 square feet, featuring thousands of twinkling lights, sure to make for the market's most magical celebration yet.

Visit stpaulchristmasmarket.org for dates, times and a list of vendors.

45th Annual Old-Fashioned Holiday Bazaar *Through December 2.* Landmark Center. \$5 adults, under 12 free.

'Tis the season for holiday cheer and shopping! Starting November 30, guests can find beautiful and unique handcrafted gift items by the area's finest artists. The Bazaar features quality handcrafted items from over 60 vendors in the areas of jewelry, woodwork, paintings, décor, woven and wearable art, handmade lotions, soaps and more! Festive music and delicious treats add to the enjoyment of holiday shopping.

Learn more at landmarkcenter.org/old-fashioned-



Metropolitan Ballet's 17th annual Nutcracker.

promises to dazzle guests with a mesmerizing display of millions of twinkling lights, sparkling arches, whimsical sculptures, beautifully illuminated vignettes and exhilarating outdoor fun that includes a Giant Snowy Slide, Vixen's Zip Line, sElfie Plaza and more!

The magical elements come together to create an incredible winter festival for all to enjoy while embracing the season of giving. Over \$250,000 has been donated since GLOW's inception in 2020.

Visit glowholiday.com for tickets and info.

Holidays on the Hill

December 1–31. James J. Hill House. \$16-\$20.

Experience Christmas in 1910—both upstairs and downstairs—in the sumptuous Gilded Age mansion of railroad titan James J. Hill. Admission includes self-guided access to holiday-themed exhibits and a 60-minute guided tour highlighting holiday stories and memories from both the Hill family and their staff.

Tours start every half hour based on availability throughout the season.

Learn more and purchase tickets at mnhs.org/hillhouse.

North Pole Express

December 1-3 & 7-10. Union Depot. \$0-\$65.

Children and trains go together during the Holiday Season like colorful lights, brightly iced cookies, festively wrapped gifts, family and friends. Please join the nonprofit Friends of the 261 annual journey on the North Pole Express. The show is brought to you by an excited all volunteer crew, Santa and his elves that promises to make this a memorable Holiday Tradition.

Climb aboard this holiday train from the past that includes the North Pole and a visit from Santa himself! Avoid the trouble of setting up your old train set around the tree this year and let them provide you with a real steam train for the holidays.

Visit 261.com/npe/ for tickets and more information.

Circus Juventas, A Hygge Holiday

that are special to a Sephardic Chanukah celebration. Social time to follow.

Or Emet is a secular congregation celebrating and honoring Jewish culture, history and values from a humanistic, inclusive perspective. For more information, visit oremet.org.

A Hygge Holiday

December 8-17. Circus Juventas. \$25-\$45

When a group of young people head for a cozy weekend at grandma's cabin in the woods, they stumble into a holiday haven of mystery and magic. Beyond the reach of cell reception and the non-stop distractions of the modern world, they travel deep into the woods to discover that a comfy cabin and close friends are all you need to kindle the spirit and warm the heart. Follow the north star and join us this winter as Circus Juventas makes a triumphant return to the magical forest of their beloved yuletide hit, a Hygge Holiday! Come December, mischievous mice and contorting cardinals, candle-lit winter feasts and snow-dappled pines, towering tomten, tumbling lumberjacks and a high-flying Christmas morning celebration will unfold to remind us all that the comfort of friends and family and fond memories of holidays past make for an unforgettable Hygge Holiday. For tickets and showtimes, visit circusjuventas.org/ holiday-show-2023.

sometime after 7 p.m. Be there or be naughty! Learn more at waldmannbrewery.com

Breakfast with Santa

Pictures with Santa

will be announced at 3pm!

lions-club-pictures-with-santa

St. Nikolaus Day Tree Lighting

December 6. 6:00 p.m. Waldmann Brewery

December 3, 12:00-3:00 p.m. Autumn Grove Park

Foodmobile program. The Lions are partnering with

Please consider bringing a non perishable food item!

Bring your little ones to meet Santa and support

hunger relief in our community. One fresh cut, decorated

Christmas tree will be raffled off at \$2/ticket. The winner

Keystone to provide mobile food support to people in need.

Learn more and register at keystoneservices.org/

St. Nikolaus Day is December 6th, and it's a big deal

at Waldmann! St. Nik-a more reverent version of the

Santa Claus created by American marketing geniuses-

knocks on doors and asks how your kids have REALLY

with the lighting of our huge Tannenbaum at 6 p.m.

behaved. Come celebrate St. Nikolaus Day at Waldmann

(that's Christmas tree for pagans), hot mulled Glühwein

served all night for purchase, and a not-so-surprise visit

by St. Nikolaus himself and his arch-nemesis Krampus

events/presented-by-the-st-paul-north-ramsey-500-

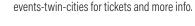
All proceeds benefit the Keystone Community Services

December 10. 9:00 - 11:30. Shamrock's Breakfast with Santa returns to Shamrocks on

December 10. Have breakfast with the family and let Santa know what is on your list this year. Reservations are booked in 30 minute slots. Call for reservations (651) 228-9925.

Sundays at Landmark: Santa's Workshop

December 10. 1:00 p.m. - 3:00 p.m. Free Come for a free photo with Santa, and stay for games, gift making for loved ones, and an engaging



December 9-10. Fitzgerald Theater. Starting at \$44

artists under the direction of Erik Sanborn of the

Don't miss the holiday tradition of the Metropolitan

Ballet's 17th annual Nutcracker. The classic story comes

Metropolitan Ballet. A family favorite that's delightful for

Visit metroballetacademy.org/ballet-performances-

to life with fresh choreography and a cast of talented

holiday-bazaar.

The Cathedral Christmas Market

December 7-9, 5:00 - 9:30 p.m. The Cathedral of St. Paul

Look forward to another European-styled outdoor Christmas Market in the back Cathedral Courtyard festively decorated with plenty of delicious warm food, drinks, and unique gifts for sale. Free admission.

Multi-platinum recording composer and pianist Steven C will bring his popular Christmas Together concerts inside the Cathedral to be part of the festival at 7 p.m. on both Thursday, December 7, and Friday, December 8. Tickets will be \$10 and sold on Eventbrite and at the door. On Saturday, December 9, the University of Mary from Bismark, North Dakota, will perform a choral concert, along with area high school choirs lending their voices. Proceeds from the Christmas Market and Christmas Together with Steven C concerts will go towards ongoing Cathedral restoration and preservation projects.

Learn more at cathedralheritagefoundation.org/ events/cathedral-christmas-festival-2023-334

Family Fun

Glow Holiday Festival

Through December 31. CHS Field. \$12.75-\$20.75. The magical outdoor walk-through experience

Holiday Tree Lighting & Movie Night

December 2. 5:00 - 10:00 p.m. Union Depot

The crowd favorite event is back and bigger than ever. Holiday Tree Lighting and Movie Night will take place on Saturday, December 2. Festivities kick off at 5 PM with the unveiling of the St. Paul Winter Carnival 2024 button. Watch live entertainment from 5:30-6:30 PM with The Mistletones then make your way to the North Plaza for the Tree Lighting Ceremony at 7 PM. Finish the evening with the showing of the classic holiday movie, Elf. The tree will be lit through the remainder of December on the North Plaza, the perfect back drop for family holiday photos! Visit uniondepot.org/holiday to learn more.

Christmas in Germany

December 2 & 3. 11:00 a.m.-4:00 p.m. Germanic American Institute. Free

Toast the season with a beer or warm up with some Glühwein (hot mulled wine), a bratwurst and pretzel, some homemade soup or a slice of German cake. The Haus will be decorated from the Rathskeller to the ballroom, with music and seasonal goods for sale. Food and drink will be outdoors in our large heated tent. Come celebrate the traditions of a German Christmas with us! Christmas in Germany is free, with food, beverages, and gifts items and goods for sale.

Learn more: visit gaimn.org/calendar/christmas.

story teller reading classic children's Christmas stories. Learn more at .landmarkcenter.org/event/sundaysat-landmark-santas-workshop-

Arts and Culture

Corelli's Christmas Concerto

December 2. 7:00 p.m. The Ordway Center. \$0-\$55

Fans of Baroque music need look no further — join us for a concert that showcases SPC0 members both as soloists and as stellar chamber musicians! Following Arcangelo Corelli's titular Concerto Grosso, a fullbodied work that is both mournful and energetic, SPC0 trumpeter Lynn Erickson will play a dazzling Baroque concerto. Works by Georg Philipp Telemann and Antonio Vivaldi provide unique instrumentations that highlight the musical diversity of the SPC0, while Philip Glass' Echorus for Two Violins and Strings brings a minimalist sensibility — an ethereal heartbeat through the light pulse of SPC0 musicians in unison.

Visit content.thespco.org/events/corellis-christmasconcerto for tickets and more information.

Sephardic Chanukah Celebration

December 3. 10:00 a.m. - noon. Talmud Torah of St. Paul

Or Emet will host a program by David Jordan Harris, artistic director of Voices of Sepharad, who will describe through word and song the customs, food and melodies

Holiday Hot Chocolate

all ages! Tickets starting at \$44.

Nutcracker

December 15 – 16. 7:00 p.m. Park Square Theater. \$35. Celebrate the season with Holiday Hot Chocolate! Join us for an evening filled with soulful melodies and festive tunes that will warm your heart. Immerse yourself in the jazzy sounds of the holidays with two of the Twin Cities most acclaimed jazz singers; Thomasina Petrus and T. Mychael Rambo.

For tickets, visit parksquaretheatre.org/box-office/ shows/2022-2023/holiday-hot-chocolate

Bach's Christmas Oratorio with VocalEssence and the Bach Society of Minnesota

December 15. 7:30-9:30. St. Paul's United Church of Christ. \$9.50-\$35

Old friends and past collaborators the VocalEssence Ensemble Singers and the Bach Society of Minnesota join once again presenting Bach's Christmas Oratorio. The concert will present three cantatas from Johann Sebastian Bach's Christmas Oratorio as well as Cantata 147, beloved for its setting of the tune "Jesu, Joy of Our Desiring." This vivid musical journey through the mystery of the nativity will be led by Philip Brunelle of VocalEssence and Matthias Maute, conductor of the Bach Society of Minnesota.

For tickets and more information, visit minnesotaorchestra.org/tickets/calendar/vocalessence/ bachs-christmas-oratorio-1

Community Traditions

Cossetta's will represent US at World Cup of Panettone

BY JERRY ROTHSTEIN

Since they arrived in St. Paul in the 1800s and settled on the Levee, started their renowned food business with a tiny food market called Cossetta's, which drew customers from far and wide who appreciated their quality foods and genuine hospitality, the Cossettas believed that "Good food is the Quality of Life" and this remains Cossetta's motto: "Qualita di Vita. Cibo Buono."

A Decade of Passion and Perseverance

Making a commitment to excellence is something we all have chances to do in different aspects of our lives. With such motivation, we soon learn the complexities and demands that go with that commitment.

In 2013, Dave Cossetta, already in charge of a complex and successful St. Paul business, decided to add a quest to his and his team's agenda: "To Master the Art of Panettone and Pan d'Oro." The team involved in bakery and pastry production spent the time needed to plan, learn, gather resources, and produce Cossetta Panettone, the traditional Italian sweet-dough Christmas cake. Its tradition of more than 500 years originated in passion, and continues today with a passion for quality that this team holds close.

Sometimes, starting from zero is your first commitment — it helps you discover just how challenging the pursuit of excellence can be. The development process involved the entire team, led by Jaime Martinez, Executive Chef of Bakery and Pastry Production, now 25 years at Cossetta's. Cossetta already understood the kinds of support required for learning such a complex task — Panettone is considered to be one of the most difficult of baking projects — the help and support of experts would be essential. Marco Failla, a Pastry Maestro from Catagna, Sicily, was brought here for a year as a consultant to assist with the Panettone/ Pan d'Oro project. He had assisted the worldrenowned Iginio Massari at his school, Cast Alimenti in Brescia, when discovered by the Cossetta team, who were there to learn as much as they could about Panettone.

The process involved developing the recipe, sourcing the best ingredients and a lot of experimentation. Making a yeasted sweet cake involves developing the "mother" dough — the "Madre." It must have the right acidity and moisture content. Cossetta brought a 100-year-



Dave Cossetta with world renowned Italian Pastry Chef Maestro Iginio Massara and co-founder of the Coppa del Mondo (World Cup of Panettone) Giuseppi Pifaretti

old Madre from Italy which is still working.

The first mix develops the structure of the gluten, proofs the yeast and develops flavor. Second and third feedings, restings and risings, occur before the precisely measured dough can go into baking molds. An hour in the oven followed by three to six hours cooling. The entire process takes almost 60 hours with continual inspection.

Cossetta paid serious attention to the quality of equipment and ingredients and has arrived at the point where the entire operation is integrated. Special Panettone flour comes from Italy; the candied fruit is from Sicily. Special mixers that do not heat the dough are in place. A proof box used only for the Panettone helps to regulate the temperature to minimize fluctuation and a new rack allows the baked Panettone to be turned upside-down smoothly for the four-to-five-hour cooling period necessary to prevent the cakes from collapsing.

On the World Stage

It has taken the Cossetta team a decade of passion and perseverance to create the Panettone they hoped for, and in 2022 they were invited to compete at the North American trials, for an invitation to the Third Coppa del Monde del Panettone the World Cup of Panettone — held in Milano in November of that year.

The team returned to New York this year, and again placed first among all US contestants — far enough ahead to become the only team certified to compete at the Coppa del Monde in Milano, 2024. The long preparation process for the competition will mean starting a set of eighteen Panettoni in the fall, timed to be ready for the early November Coppa del Mondo. Each batch of six will be evaluated for height, texture, smell, color, crumb profile, structure and taste to determine which best represents their craft.

At the heart of the team is Jaime Martinez. For more than 10 years, Jaime studied with a multitude of Maestros, worked with many co-workers, experienced many, many failures and experimented with different techniques and ingredients. He has shown an endless, indomitable spirit on this quest for the best Panettone. This is science at its very finest, but with no formula that fits all seasons. Adjust, adjust, adjust is a must. Jaime has worked endlessly at all hours and days and has proven to exhibit the true definition of a professional. Champions exist for one primary reason. They practice, practice, practice. As Jaime Martinez has said, "We all work together. We may not be able to master Panettone, but this will never stop us from trying."

Dave Cossetta has shared some of the things he has learned during this long effort: "It has become evident to me that to make this thing called Panettone is incredibly complicated, not only because of possible differences in technique, but also the need to source the best ingredients and equipment. Panettone was born in Italy over 500 years ago, so the expectations for taste, look, and style have been set for a long time. The challenge is to make something with such strict guidelines."

This year's Cossetta Panettone — traditional and chocolate — and Pandoro, are featured for the holidays in December.

Cossetta's, 211 West 7th Street. 651-222-3476. "Qualita di Vita. Cibo Buono."





ENHANCED TRANSIT

brings out the best in

(left) Pastry Chef Guiseppi Settipane, Maestro Biagio Settipane, Dave Cossetta, Cossetta Pastry Chef Jaime Martinez and Cossetta Culinary Director Fillipo Caffari.



communities



Learn more at our public PAC (Policy Advisory Committee) meeting. Dec 13, 9:30 -10:30 a.m.

Veteran's Gallery

Union Depot, 214 4th St. E., Saint Paul, MN 55101

riverviewcorridor.com





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The time for recuperation is here. Though

STRATEGY. Plan your growth so you can

jump into Spring with renewed vitality. For

now, we kneel like the bear succumbs to his

the days grow shorter, and we see more

Good News!

dark than light, winter is a time for

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Community Nourishment

Do not leave your health in the cold this winter

BY SIBEL DIKMEN, MD

Most of us understand that exercising is beneficial for our bodies and have heard the recommendation to exercise from our doctor. Minnesotans are above the national average when it comes to regular exercise according to the Minnesota Department of Health. When temperatures drop, however, and we begin to layer up, many of us often decrease our physical activity. Staying active year-round is critical to staying healthy, so finding safe active cold weather activities is important.

The American Heart Association recommends 30 minutes of moderate intensity aerobic exercise, such as brisk walking and biking, five days per week. Believe it or not there are more than just cardiovascular benefits to regular physical activity. Regular movement has been shown to lower your risk of type 2 diabetes, promote improved attention span and processing speed and improve mood and sleep. Being active helps both the body and mind!

What can you do to stay active when it is too cold to be outside? Body weight exercises can be done in your home without requiring any equipment; many people are familiar with squats, pushups and jumping jacks. If you are someone who prefers some guidance on what exactly to do, searching "body weight workouts" on the internet is a fantastic way to find free resources. When looking to incorporate equipment into home workouts, consider smaller items with great versatility. One example is a set of tube resistance bands. This is an item that can be used for full body exercises and is also incorporated into many free fitness programs online.

Prefer to walk? Public transportation is available to the Mall of America where

Reading a classic is

that classics are gems

hidden behind important

sounding words and never

hard. Really hard.



WEST END

HEALTHLINE

making laps will always be warm and dry. Additionally, the city of Saint Paul has multiple community centers that offer affordable fitness center memberships as well as group fitness and sports classes for all ages. Not only is this a great resource for

staying active, but it also has the added benefit of connecting you with other residents in your community.

If you are determined to continue your regular outdoor activities through the winter, staying safe and warm is essential. Wearing reflective clothing is important to keep you visible with the shorter daylight hours. You will also need to take extra care to protect yourself from the elements. Dressing appropriately is crucial to prevent hypothermia which can be dangerous. Always include multiple layers

of clothing with the goal of keeping yourself warm and dry. Your first layer should be a moisture wicking material, followed by an insulated layer meant to keep you warm, topped off by a waterproof layer on the outside.

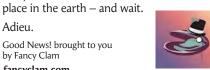
Now that the first snow has fallen, it is the time to make a plan on how to continue moving this winter. If you already have a routine in place, modify it as needed so you can continue to be

active. If you do not have regular movement in your life, set a goal of establishing your own routine. Rather than taking on an all or nothing approach, try to gradually increase vour activity over time. Share your goals with others and celebrate every win along the way! Make this winter a time where you can maintain or improve your fitness. When in doubt, talk to your doctor about how you can safely be active when it is cold outside.

Dr. Dikmen is a family physician at Allina Health United Family Physicians, 233 Grand Ave, St. Paul, 651-241-5200.

> Adieu. Good News! brought to you

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Sometimes I just want to throw it down and read something modern and reasonably paced. But through time, effort and lots of focus I have found

BEA'S BOOKS

BEATRICE COSGROVE reviewer

ending paragraphs.

Some notable classics I have read include "To Kill a Mockingbird" and "The Great Gatsby" (I am currently working through "Lord of the Flies"). Being thirteen, I obviously will not be able to understand

all of the metaphors these books convey about society, politics, etc. but for me, it's not about that. It's about expanding my horizons to different perspectives.

Classic literature is hard, rewarding workout for the mind

I am able to be transported to a time where the writing was different, where storylines were different because of their significance to people of a certain era. I am able to catch on to the different ways authors wrote their books and how character design differed from decade to decade.

Then, there's the added bonus of vocabulary. I am able to learn new words and phrases simply by following along with a story. Classics are a challenge, and one I choose to overcome because, yes, it's a workout for the mind, but it is also a time

traveling device and a way to connect with the past.

So, my challenge to you is to read one classic, whether that is the "Little Prince," which can be read quickly or "War and Peace," which may take a fair bit longer, try to read one. It is important to understand the past so we can better understand the future and I think these books have meanings behind them that, although from another time, can still be relevant in the modern age if you take the time to understand them.

My current aspirations include "Murder on the Orient Express," "Jane Eyre" and "Frankenstein" and I would recommend reading along!

Head inside this winter to enjoy programs at the Library



Library on Wednesday, December 20, 6:00-7:30 p.m. Join us in our adult maker space to create beautiful seasonal cards with rubber stamps. Visit sppl.org/maker to register and learn more about Maker events at the Library.

WEST 7TH PUBLIC LIBRARY, 265 Oneida St. Hours: Mon, Thu 12:30-8 pm, Tue 11:30 am-5:30 pm and Wed, Fri 10 am-

By Donicia Soliz, Library Manager

St. Paul Public Library is here for families with welcoming spaces and fun activities during the winter months. Visit your library for big fun and big learning when school is out from December 27-January 6! Kids ages 7-11 will find free art and STEM activities to do, and they can meet new friends at Pokemon Parties. Learn more at sppl.org/winter-break.

Of course, West 7th, 265 Oneida Street, and George Latimer Central Library, 90 W 4th Street, have free programs all month long for every age. Visit sppl.org/events to learn more about these and other offerings:

Family storytimes for young children at West 7th Library on Wednesdays at 10:30 a.m.

Tech Help with one-to-one help navigating technology including email, Google and Microsoft programs, and more at West 7th Library on Thursdays from 2:00-4:00 p.m. Lalo's Lunchbox Fun with Food at George Latimer Central Library on Saturday, December 2 at 11:00 a.m. We invite families to enjoy a comedy performance in our children's room.

Level Up where teens can hang out and enjoy video games and creative arts at George Latimer Central on Wednesdays from 3:00-5:00 p.m. Lab After Dark at George Latimer Central

5:30 pm; closed Sat-Sun



In the Community

NOTEBOOK RECOLLECTIONS Piano lessons, part 1

Local icon Tim Rumsey walked to work most days from 1987 to 2000. He began as a form of exercise but kept at it for his love of local lore harvested through his interactions with people on the street. He began documenting his musings and eventually filled 53 pocketbooks with his observations. He continues writing about his observations to this day. Here is just one tale.

BY TIM RUMSEY, MD 10-20-16

Our clinic had an outside piano. Three actually, Minnesota weather being what it is.

Number one was a 1926 Raudenbush upright player piano, with a kaput "player." The keys were appropriately yellowed. Real ivory. Some wood-finish scrapes and dings from the years of course. One caster wheel was slightly kittywompus.

But it was our piano. Refurbished even. Courtesy of St. Paul's "Music at Work" initiative and our Clinic Director Melissa Parker's soulfulness. Our piano stood outside the clinic main entrance, under the carport at 1026 West 7th.

There wasn't exactly a mad dash to the keyboard. Some plinking here and there. Staff and patients.

Our Raudenbush didn't come with a piano bench. We contributed an overturned, slightly used, brown plastic 20 gallon barrel that worked just fine.

11-16-16

Windy, 25°. Walking in from the parking ramp I saw and heard Edward, a Dr. Ravi patron sitting on the bucket bench playing. A sweet, large man. A rough sleeper. He was wearing a black T shirt, beige Bermuda shorts and fluffy green slippers. He could chord. "You sound good," I said.

"I'm going to try to play every day now," he said.

I asked him how work was.

He kept playing and said he was washing dishes at Dorothy Day and he was also renting out oxys to users so they could pass pill counts at their doctor visits.

"And I get to sleep on the floor of the shelter at night. And shower."

He stopped playing and stood up. "Say hi to Dr. Ravi for me please," he said.

"I'm prayin' for him. You too"

11-18-16

1 p.m.. 16°. It's been a cold November even for Minnesota. A new, blue, crumpled tarp is

IIGHLANL

DISTRICT COUNCIL

For information, visit highlanddistrictcouncil.

org/events

Highland District Council will feature a Highland Park

resident, business or organization. Our goal with this

initiative is to build community and showcase the good work happening around us. The November Community Spotlight honoree: Wandering Leaf Brew-

COMMUNITY SPOTLIGHT



glands?'

Tested lab.

liquids."

Tex said.

1-3-17

1-22-17

dusty

messin' around.

"Way to be."

the piano. I call out to him.

"How are you doin'?"

the clinic. Dr. Ravi or me."

Tex had mono.

"The kissing disease?"

apple in a Saran Wrapped bag.

We did. I looked in his throat. felt the neck.

"You're gonna be OK," I said. "You'll

need rest, throat lozenges and a whole lotta

"I'm not kidding, I am worried about you,"

Then he gave me a very cleanly cut, half-

"To keep the doctor away. Just a little."

Our piano didn't celebrate Christmas or

New Year's that first season. Not that anyone

Synes came out of that Raudenbush player

could tell. But how many carols and Auld Lang

piano alone in the past seven or eight decades?

7:25 a.m.. 12°. Three inches of snow globe

I pull up to the clinic in my Bronco. I can

hear music. It's Anthony. Rich White boy on

the down and out. I haven't seen him for a

year. He was tickling the keys with red knit

play. He is very good even though he was just

There's a sprinkle of fluff snow on top of

"I am back at Skinners," he said. "Working."

Anthony said he and his buddy, I Mark, are

going to share a room in a West 7th boarding

"Come back and see us again," I said. "In

Anthony shrugged and turned back to his

To be continued...

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house. "Cool piano," Anthony said.

gloves cut off at the knuckles so he could

snow on the ground. It looked fake. Fluffy,

11-20-16 7:30 a.m. Still cold. As I enter the parking ramp, I stop by the piano.

- I roll down my passenger window.
- Edward is dressed warmer, still greenslippered. He's playing "Canon in D."
- 'Nice!" I say.

We trade thumbs-up.

11-25-16

No Thanksgiving hoopla. Windy as heck. Grey sky, 1 p.m. The piano is tarped but the wind blows it straight outward.

12-16-16

5 p.m. The piano stands naked, unattended. The wood is surely

Shivering. The keys clacking. The blue tarp is gone. Probably camperd. That's better than just blown away.

12-19-16

West 7th all-star livery driver, Tex Dubois is in to see me at the clinic. He has a business opportunity for me and Dr. Ravi. One of his brainstorms.

Munsingwear warmers. Just in time for Christmas. Next year.

"I'll be mailing you both a prospectus," Tex said

But Tex didn't look well. A little out of it. Pained.

"Something's off with the neck glands," he said.

- I asked him how the piano looked today.
- "It's got real, actual ivory keys." Text let that linger for a moment. "Walrus, Narwhale?"
- "Probably elephant," I said.
- "Are YOU OK, Doctor?"
- "Do you play piano?" I asked.

- and Carole King."

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It's the impression we leave behind that matters most. When the



WELCOME TO NEW BOARD MEMBER

The Federation welcomes our newest board member and Area 3 Coordinator, Seth Smiglewski. Seth moved to the West 7th neighborhood in 2021. Seth is excited to gather the community for civic engagement and has a genuine commitment to facilitating positive change within our community. Please join us in welcoming Seth!

3RD ANNUAL HYGIENE DRIVE

In the spirit of giving this holiday season, join us for our third Annual Hygiene Drive taking place from December 13 to 17. Drop off items at Clutch and Bad Weather Brewing and enjoy exclusive drink deals at these fantastic establishments - all for a good cause! Items in high demand include full size shampoo, body wash and lotion. Donations benefit Joseph's Coat.

2ND ANNUAL HOLIDAY DECOR COMPETITION

Nominations will be accepted Dec 11-Jan 5. Submit a photo and address of your nomination at fortroadfederation.org via Google Form.

UPCOMING MEETINGS

Transportation & Land Use Committee: 12/6, 6:30 p.m. Board Meeting - 12/11, 7:00 p.m. Community Engagement/Fundraising - 12/21, 6:30 p.m.

STAY IN TOUCH

"Like" us on Facebook. Subscribe to e-newsletter. CONTACT

Julia McColley, julia@fortroadfederation.org; 651-298-5599; 882 West 7th, Suite 6, Rathskeller Building.



With your support, Keystone Community Services will open an urgently needed new Community Food Center in St. Paul's Midway neighborhood in early 2024. This new site will help more neighbors throughout Ramsey County access food, support, and connection. We still need to secure \$186,000 by the end of 2023 to fully complete the project and purchase the equipment needed to be ready to open the doors of this new building in January! To learn more about our campaign and how you can help us bring more food to more neighbors in need, please visit our website at keystoneservices.org/opening-doors

Ask a Lawyer - Volunteer Lawyer Visits

Do you have a question that you want to be answered by ant? Our vo 's can help! Dave Burn offers free, one-time 15-minute consultations at the West 7th Community Center every 3rd Wednesday of the month, and he can assist with any legal issue except criminal law issues. If you want to book your appointment, please call the West 7th Community Center at (651) 298-5493 to make an appointment in advance.

"Negative. I like Monk ... Thelonious." piano playing. "He's cool. I like Jerry Lee Lewis, Booker T.

"Would that help my sore throat?"

ing Company, Highland's newest brewery, December's Community Spotlight honoree: Soul Lao, a new restaurant in Sibley Plaza on West 7th Street. Visit: highlanddistrictcouncil.org/community-spotlight/

MAGICAL HOLIDAY EXPERIENCE DECEMBER 16 Stop by the Highland Park Community Center Dec. 16 between 1 and 3 p.m. for a magical holiday experience. Take a photo with Santa, turn your photo into a holiday ornament, write letters to Santa, play games and more. Lunch will be provided. Free.

FOOD SCRAPS OPEN 24/7 THROUGHOUT WIN-TER, SHOVELING HELP WANTED

The food scraps/organics drop-off site in Highland near Highland Parkway and Snelling Avenue will remain open 24/7 this winter. We're always looking for help from neighbors to help shovel to keep the space accessible after snowfalls. Contact us at 651.695.4005 or info@highlanddistrictcouncil.org to volunteer.

RECYCLE HOLIDAY LIGHTS AND CORDS AT ST. PAUL PUBLIC LIBRARIES

Holiday lights and cords cannot be put in your city recycling cart. Recycle them at any St. Paul Public Library or St. Paul Regional Water Services through January 22, 2024. Look for the "Holiday Light Recycling" drop off bin. List of accepted and prohibited items at stpaul.gov/ recyclingholidaylights.



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Fare for All at West 7th **Community Center**

Fare for All allows you to shop for quality, nutritious foods at a discount and budget-friendly prices. All are welcome! The upcoming Fare for All events at West 7th Community Center are December 1, January 5, and February 2. The events will all run 10 a.m. - 12 p.m. For information, please visit keystoneservices.org/events

Play Pickleball!

For people age 55+. Novice and advanced Pickleball matches are played for fun and include similar levels of play. Pickleball is offered at the Merriam Park Community Center, Monday-Thursday, from 9:15 - 11:45 a.m. The cost is \$2/per session. To get a good and enjoyable workout, please call the Merriam Park Community Center at 651-645-0349 to sign up for your first game of Pickleball!

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HELP ADVANCE WEALTH JUSTICE IN SAINT PAUL

Saint Paul residents will receive a \$25 visa gift card for completing both an interview and a survey. In an effort to fulfill the Mayor's promise to advance economic justice, the City of Saint Paul wants to learn about the best ways to improve economic opportunities and outcomes for residents like you. The City of Saint Paul has commissioned Chloe B. McKenzie and her team at 10Seven to conduct a study of Saint Paul residents' financial experiences.

Interested Saint Paul residents are invited to share their real-life financial experiences - interviews can take up to 60 mins. To schedule a virtual interview visit https:// calendly.com/samantharuth or email Samantha at samantha@10seven.com. For an in-person interview, please email Hannah Geressu at hannah@10seven. com to coordinate. You can also share your voice at https://bit.ly/10sevenstp which automatically enters you for a chance to win one of ten \$250 visa gift cards. We will not publish your name or individual responses. Your privacy is of the utmost importance and your information will be treated confidentially.

IN BOA





Linda Snouff **ART AT HIDDEN RIVER**

The free, juried holiday art fair of quality art and fine craft is returning to Hidden River Middle School (formerly Art at Ramsey) on December 2. This event is sponsored by St. Paul Public Schools Community Education in cooperation with Artists' Circle, a non-profit art organization promoting fine crafts. This is the art fair's 28th anniversary show. For info, visit artistscircle.org.

HAZEL BELVO: FOR LOVE

Through May 24, 2024. Minnesota Museum of American Art. A significant American artist, art educator and feminist leader, this series of exquisite artworks, representing couples in positions of intimacy, tenderness, and reciprocity, began in 1967 as a counter to the dry and shame-inducing sex education her son was receiving in school and continued until 1982. The Love Drawings are about so much more than intimacy and pleasure, although these are important themes. They are exquisite representations of loving connections, tenderness, and reciprocity—a call for love and respect instead of war and violence, dignity and joy instead of shame and insensitivity.

CITY COUNCIL TRUTH IN TAXATION MEETING Dec. 5. 6 p.m. St. Paul City Hall, 3rd floor. 15W Kellogg Blvd. For info call 651-266-8560. Learn more at stpaul.legistar.com/Calendar.aspx.

INDIGENOUS CULTURAL EVENT SERIES Friedli Gallery. "We Are Still Here," featuring native artists from across Turtle Island. Show brings to the fore the life, histories and politics of what it means to be Indigenous in the 21st Century. Info: friedliartsgallery.com

Dec. 2, 3 p.m. Indigenous Artist Sam Zimmerman will share insights into artistic journey, discussing the influence, techniques and inspirations that have shaped their unique transport you to a world filled with ancient wisdom, legends, and traditions. RSVP: bit. ly/49Slsy8

BEGINNING DRUMMING AT WDC

Dec 11, 5-6 p.m. \$15. Explore both hand and stick drumming. Easy, energizing exercises will be utilized to build skills. Instructor: Jo Klein. Drums provided. Register at womensdrumcenter.org.

THE 75TH ANNIVERSARY OF THE GENOCIDE

CONVENTION: The Challenge of Prevention Dec 13, 7–9 p.m. Online. \$5-25. Program examines the efforts to prevent and punish genocide perpetrators at tribunals from Nuremberg to the International Criminal Court, including the story of an undercover agent operating in Europe during World War II. Open to the public: \$10 general; \$5 students/seniors; \$25 for two Continuing Legal Education credits for Minnesota lawyers (pending); and free to Mitchell Hamline students. Diversity credits are available for Mitchell Hamline students and mentor externship credit is available for University of St. Thomas Law students. Registration is required by Dec. 13: worldwithoutgenocide.org/prevention

LANDMARK LIVE: THE OK FACTOR

Dec 15, Landmark Center. \$20-25 Landmark Center presents the 12th season of "Landmark Live" in the lovely and intimate F.K. Weyerhaeuser Auditorium, featuring the best of Americana, indie rock, jazz and folk music. Concerts begin at 7:30 pm and are preceded by a cocktail hour at 6:45 pm, giving audiences an opportunity to enjoy complimentary refreshments and a cash bar. The final



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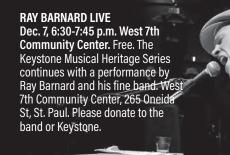
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style. RSVP: bit.ly/46AhKXT

Dec. 12, 6 p.m. Native American storytelling with Seneca Elder Hope Flanagan. Immerse yourself in rich cultural heritage as Hope weaves tales passed down through generations. Through her captivating stories, she will



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Happy Holidays

Rice Park lights up for the holidays

On November 10, Mayor Melvin Carter and the City of St. Paul celebrated the annual lighting ceremony for The Salvation Army "Tree of Lights" in Rice Park. The "Tree of Lights" stands 40 feet tall and features more than 25,000 lights.

This year's event featured performances by the St. Paul Police Band Drumline, Billboard chart-topping singer Jovonta Patton and "The Voice" finalist Kat Perkins, as well as an appearance by former Vikings star and NFL Hall of Famer Cris Carter. Children from the audience were invited up on stage to help throw the switch and light the tree and Santa and Mrs. Claus were on hand to celebrate.

The ceremony marked The Salvation Army's annual Red Kettle Kick-Off, when their kettles and bell-ringers hit store entrances and street corners to collect funds for Salvation Army feeding and housing programs in the Twin Cities.

See more photos from the event online at communityreporter.org.

- Damian Goebel

FIISHA MAV IACOBSE

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