Local Charities Brace for Winter’s Challenges

BY CASEY EK

Volunteers sorted through heaps of donated clothing in the basement of St. Vincent de Paul Thrift Store at 467 West 7th St. on Dec. 19. The store is experiencing an influx of donations as winter takes hold. But with increased donations comes an increase in work for volunteers, who could already use a hand, they say.

For Society of St. Vincent De Paul Twin Cities Associate Executive Director, Wayne Bugg, this season comes with unique challenges.

“Especially during Christmas time when people may feel forgotten about, we want to bring a cheer to them,” Bugg said from within the bustling West 7th thrift store.

St. Vincent’s is one of many local organizations who are adjusting to meet the shifting needs of St. Paul’s underserved populations this season. As supply shortages around the world drive the cost of living up in St. Paul, more and more folks are turning to charity services like Bugg’s, which is partnered with 30 organizations to distribute food and other goods like Christmas presents.

Information about donating or volunteering with the organization can be found at svdpmpls.org.

Keystone Community Services, a local food distribution staple, has seen a 51% increase in use of their food shelf programs since August as the price of goods has steadily increased. Compounding the issue is the increasing difficulty to stock the shelves due to those shortages.

That’s why Keystone is urging the public get involved with their organization in one of three ways: donate; volunteer; or organize a food drive. Information about how all three can be found at j2yq96Lk.

Manuela, Sr. Vice St. Vincent Thrift Store Manager Julene Maruca says men’s clothing remains sparse for the store that can’t seem to keep it on the racks. She also said that incoming calls for goods among community members have remained at peak levels since the onset of the COVID pandemic.

Bugs, whose organization distributes food to about 10,000 St. Paulites per week, says that while donations to local charities is crucial, many challenges less fortunate St. Paulites are facing are less obvious. One such issue is the need for human contact, which is hampered for all Minnesotans during the winter. Those in need can walk into the thrift store and request a pair of socks at no charge, but many come in simply to talk directly with the organization’s food pantry.

Mariana said that how to best allocate resources is a matter of communication and cooperation with other organizations. A few blocks away, the staff at the Freedom House, 206 West 7th, homeless day shelter are familiar with such cooperation. Sara Fleetham, development director of the Listening House, which oversees the shelter, said the facility, which serves as a de facto emergency area for the unhoused against severe weather, is in constant contact with a list of organizations. Small sums, for one, is a group that helps homeless and housing insecure people with work and trade tools while they accrue paychecks.

On average, the shelter sees about 175 separate people per day, a figure that may increase as subzero temperatures become the norm.

“In winter, people come in because the literally need to warm up,” Pleetham said. On Dec. 19, one individual walked into the shelter asking to throw his clothes that had frozen outside into the facility’s dryer.

A challenge unique to this year is the shelter’s uncertainty over whether they will be able to stay open as the Listening House remains embroiled in a lawsuit filed against it and the City of St. Paul by 7th businesses. The businesses, that include Tom Reid’s and the Art Farm, allege that the shelter’s lack of response to over 100 listed incidents of violence, unsanitary behavior and other public dispositions perpetrated by who they believe are guests of the Freedom House should be grounds for the shelter’s removal from the site. Increased crime in the area highlighted by the recent shooting at West Seventh Track Park that took the life of 27-year-old Marquisha Wiley and injured 15 others heightened backlash.

Winter, Pg 2

Fairview eyes East Metro for new mental health hospital

BY CASEY EK

Fairview Health Services has targeted the former site of Bethesda Hospital at 359 Capitol Blvd. St. Paul, as a prospective home of a future inpatient mental health hospital. The site is currently being used as an emergency homeless shelter operated by Ramsey County, which will end operations at the end of its lease in May 2022.

Fairview representatives say the hospital will operate 120 inpatient beds for mental health and substance abuse patients and will be built to accommodate 24 more beds in the future, depending on need.

The hospital is slated to replace and expand upon services provided at the St. Joseph’s Hospital in downtown St. Paul.

The proposed facility comes with a $30 million projected price tag. To clear that financial hurdle, Fairview has partnered with Acadia Healthcare, a publicly traded company that is the largest private provider of behavior healthcare in the U.S.

“As the largest provider of mental health and addiction care in the region, it is a responsibility to innovate across the continuum of mental health and addiction care,” said James Hereford, president and CEO of Fairview Health Services per a release.

From right: Isaiah Dryden and Bovony Lepet, volunteers at St. Vincent de Paul Thrift Store on West 7th, sort through an influx of donations this winter.

In partnership with Acadia Healthcare, Fairview Health Services is targeting the Bethesda Hospital site at 359 Capitol Blvd. in St. Paul, Minn. for the future site of an inpatient mental health hospital.

Sue Abderholden, executive director of National Alliance on Mental Illness, Minnesota, told multiple news outlets she is concerned that plans for the new facility would not include an emergency department or other medical services.

Fairview has reportedly notified the Minnesota Department of Health, which licenses hospitals bed, of its plans last November. The plan must also gain legislative approval. If approved, the project is expected to take 12-18 months to complete.

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A nonprofit organization we are governed by a Board of Directors, and we have openings for community members to join. We encourage your involvement in the creative side of things. We have correspondents, reporters, reviewers and general writers involved. You can write a letter to the editor on a topic we have written about, or in response to one of our columnists, or a longer "Neighbors Speak Out" piece. You can also contribute story ideas: We aim to cover a wide range of interesting areas in the neighborhood. Your ideas for stories and topics are always welcome. Discuss the many possibilities with the editor at editor@communityreporter.org.

--- Casey Ek, Editor, Community Reporter

## WEST END HEALTHLINE

**Give the New Year a "Boost"**

By Jonathan Dickman, MD, PhD

West End community, it is time to make sure you are fully vaccinated and boosted against COVID. Anyone who tried to convince you otherwise has never walked the halls of a hospital recently. I have witnessed how people struggle to breathe and die bed day after day getting weaker and weaker due to severe COVID infection. Most patients were unvaccinated and expressed remorse, albeit too late, that they did not get their shots. Those who are lucky enough to survive severe disease have a recovery that often takes months at minimum just to feel well enough to resume their previous activities. The hospital is full of patients suffering unnecessarily from the complications of a preventable disease. Although providers work with complications from mostly preventable diseases such as type II diabetes, the ongoing pandemic feels different because the torment caused by this virus is simple: everyone needs to get vaccinated and boosted.

Preventing severe illness and death from COVID in the community means vaccination and a booster shot. Although there are some tools that medical doctors must use to help increase the likelihood of having severe COVID after infection occurs, these tools are much less effective than vaccination. Some people state that not getting immunized is a personal choice, but this choice causes damage not only to that individual, but the entire community. Remaining unvaccinated or under-vaccinated keeps the virus circulating, infecting others, overwhelming our hospital systems and risking the creation of coronavirus variants. Medical providers look so weary these days because they find themselves dispensing vaccine myths spread by athletes, celebrities and politicians. The people spreading these myths do not understand the damage they are inflicting on our community, they have never walked the halls of a hospital and cared for a patient dying from severe West COVID infection.

It is now time to protect yourself, your loved ones and your community. Even if you had COVID in the past, the vaccines can help prevent you from getting sick again. You can find a place to get vaccinated by selecting the Minnesota Department of Health's website. The Mall of America (a community vaccination site), your local pharmacy and your clinic are places to consider getting your shots. Currently, everyone 5 or older can get vaccinated. Those 16 or older who have had at least 6 months since the second dose of Pfizer or Moderna vaccines or 2 months since the Johnson and Johnson vaccine should get a COVID vaccine booster. We now know that receiving the initial vaccination is not enough, the vaccine booster is critical for preventing severe disease from new COVID variants.

With the new Omicron variant, people are wondering whether vaccines will still be effective. While data is still being collected, it is not yet completely unfortunately at this point. Every year (including this one), we recommend a flu shot. Occasionally, the flu shot is not a good match as the virus changes in unpredictable ways. During these years, we will still notice that vaccination, while not preventing all symptoms, still prevents severe disease. Thus, we anticipate that COVID vaccines, while unlikely to prevent all symptoms from Omicron infection, will prevent severe disease. Thus, even with this new variant, vaccination remains the most effective way to stay healthy.

In this new year, let’s make the choice to come together and do what we can to shut this pandemic down. Make a New Year’s resolution to protect your family and neighbors. Get vaccinated. Encourage others to get vaccinated. Speak up against misinformation that hurts our community. Together, we can stop this pandemic.

Jonathan Dickman, MD, PhD, is a family medicine doctor at Allina Health United Family Physicians, 223 Saint Paul St. Paul, MN 55101. He can be reached by email at jason.dickman@gmail.com.

## Riverview Corridor

**How we got here, where we are**

by James Schoettler

While introducing his third wife, a friend of mine commented that he was going to keep doing it until he got it right. It didn’t stop him from then Gov. Jessie Ventura, but was then cut. Metro (LRT) would not be cost effective, preferring a busway. In 2000 the Metropolitan Council came out with its proposal for a streetcar.

Four years later, in late 2021, Ramsey County is: tangled up in the arm from then Gov. Jessie Ventura, but was then cut. Metro (LRT) would not be cost effective, preferring a busway. In 2000 the Metropolitan Council came out with its proposal for a streetcar.

It looks bad, but...
European Christmas Market a success despite heavy snowfall
Heavy snowfall did little to deter vendors and shoppers at the Union Depot's European Christmas Market on December 19. The event aims to be an authentic European shopping and cultural experience ran through December 19.

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Community Nourishment

Claddagh family brings us — EMERALD

BY JERRY ROTHSTEIN

Amanda Caruso and Molly Bard have known each other for a long time, worked together at Claddagh off and on during the first 10 years and are now business partners in a new enterprise that will occupy the space next door, formerly the upper studio at River Garden Yoga Center — EMERALD, a cocktail lounge, a wine bar and gathering place.

Amanda’s parents grew up in the neighborhood and went to Monroe. She now lives two houses from where her mother grew up, and her grandmother still lives there.

Molly and Amanda both went to Cortin-Derham Hall. At the University of St. Thomas, Amanda explored communication and graphic design, and Molly studied fashion design, merchandising and business management.

In 2011, when Molly’s mother Mary Heggie Bard opened Claddagh, she was helped by Amanda’s older sister, Molly herself has worked at Claddagh at different times and took over as manager for Mary when she had to take time off after a back injury. When, more recently, Molly left another job, she decided to return to Claddagh more permanently.

“Being at Claddagh makes me happy,” Molly said.

Amanda, too, loved at Claddagh more solidly four-plus years ago, working on their social media and graphic design elements among other things.

Last winter, in the heat of the pandemic crisis and the constant scramble to adjust and literally save the business, Molly and Amanda started to envision a new enterprise. Ironically, they had the time to work on a business plan, aiming for a warm, cozy space that would respond to the character and culture of the community. They spoke with Jeffrey Austin, the building owner and head of River Garden Yoga. The center was thinking of closing the yoga studio. He was supportive, and over the next weeks he confirmed that the space would be available. Molly and Amanda agreed on their partnership, and EMERALD was to be born.

Molly originally imagined a warm, inviting, comfortable space where people would feel free to “come as you are” or dress up for a night out. There would be wine and cocktails, small plates, a few entrees, some special desserts — and comfortable lounge seating. The build out has been complex. Early ideas for furnishings and layout revealed their flaws and had to be reimagined, including changing the location of the bar. Getting the liquor license, permits and licenses was a drawn-out affair. They were encouraged and supported by the city, while delays due to COVID slowed everything down. The liquor license alone took seven months to complete.

But these factors also gave the pair more time to think about what would work to meet the values in mind. EMERALD is being created and offered to the community with these values in mind.

EMERALD, 455 West 7th St., aims for a warm, cozy space that would draw out others’ creativity through writing, drawing and music. EMERALD is open 4-10 p.m. daily. Visit emeraldstpaul.com or follow them on instaram @emerald_stpaul for further information.

Kinsey’s exhibit to adorn Amore Coffee

BY CASEY EK

Margaret Kinney, who serves on the board of the Community Reporter, didn’t fancy herself as an artist per se until she retired from her job as women’s addiction counselor 20 years ago. In that role, she had worked to draw out others’ creative talents through writing exercises, but her own work would have to wait until she could find the time to free her inner creativity.

Kinney majored in fine art in college, sure, but the life of a full-time art student always seemed out of reach, so Kinney instead turned to a role as an arts administrator before turning to her counselor role. But all the while, Kinney’s artistic years chewed as they had for her as long as she could remember.

“T had been interested in art since I could pick up a crayon,” Kinney said.

When retirement finally came, Kinney underwent the identity crisis many feel upon leaving their careers behind, and for a couple years she asked herself the question “What else am I?”

The answer for her was a landscape painter. When retirement finally came, Kinney will get a chance to continue displaying her works does carry with it some comfort in their furnishings and architectural elements to create an interesting milieu. The pair are also channeling the concerns of so many West Enders and will work with support local companies — like their wine merchants, food providers, building suppliers and, via Claddagh, their coffee roasters.

Their level of detail is based on that underlying principle of serving the community, so their space will also specialize in a variety of craft beers and cocktails.

The essence of the Claddagh idea is friendship, loyalty and love. EMERALD is being created and offered to the community with these values in mind.

EMERALD, 455 W. 7th St., opening online any day.

From left, Molly Bard and Amanda Caruso within the Emerald establishment at 455 W. 7th St.

EMERALD, 455 W. 7th St., opening any day.

EMERALD will work with these values in mind.

Margaret Kinney working in her home studio. Below: One of Kinney’s paintings.

While many artists struggle with a lack of inspiration from time to time, Kinney often has the opposite problem.

“Inspiration can be fleeting, but usually the problem is having so much inspiration that the list of things to paint is too long,” Kinney said.

“I’m feeling a feeling, so if someone feels something when looking at my art then it’s a plus.”

As for others striving to make art, Kinney said, “I would love to see while the inspirational iron is hot and do not let the moment slip. “You have to be inconvenienced once in a while,” said Margaret Kinney is a West End visual artist and writer and a board member of the Community Reporter. She has lived in the West End since 2001.
The M names new executive director

The Minnesota Museum of American Art (the M), Board of Directors has named Dr. Kate Beane as its 10th executive director. Beane most recently served as the director of the Native American Initiatives at the Minnesota Historical Society. Beane will begin her duties on Dec. 13.

“Dr. Kate Beane is an experienced museum professional, and a strong, visionary leader who is the perfect person to lead the M at this important juncture in the organization’s development. The path forward requires a timely push to complete the capital campaign, to complete construction on the M’s facility, to re-open the facility, and to create an elevated platform for advancing the M’s programming model based on co-curations and community collaboration,” said M Board Chair Ann Ruhr Piller for a press release.

The release states that Dr. Beane is especially excited by the M as “a bridge for bringing communities together.” That includes helping Minnesotans today connect with our past through the M’s permanent art collection, and it also means inspiring exchange and dialogue between the many communities that collectively form our present.

Laundry Love: Finding Joy in a Common Chore

BOOK REVIEW BY PAUL BARD

West 8th resident and self-styled “Laundry Evangelist” Patric Richardson has earned a surprising amount of press for his unorthodox approach to the everyday task of laundry. He has been the subject of stories not only in local publications like the Star Tribune and Mpls/St. Paul Magazine, but also in the Washington Post and Wall Street Journal. He was even featured in a 2018 segment on the BBC News, which included a visit to Cooper’s Foods on West 7th. That shopping trip was for soap; it’s unconventional, laundry supplies like lemons and plain white vinegar.

Now, Richardson has compiled his laundry techniques and advice in an entertaining how-to book that outlines a better, cheaper and more environmentally friendly way to care for virtually anything made of fabric. Laundry Love is both a detailed tutorial on laundry and a celebration of its history. It includes numerous anecdotes about his boyhood in Kentucky, with fond recollections of his mother’s “Granny Dade” and the interesting cast of characters who encouraged his interest in clothing and fashion. We learn that he earned a degree in fashion merchandising, apparel and textiles from the University of Kentucky and later moved to Minnesota where he opened the Mona Williams vintage clothing store at the Mall of America.

The store is where Richardson presents Laundry Camp events to enthusiastic audiences eager for lessons in stain removal and other washing challenges. (Mona Williams herself was a Kentucky-born celebrity who was voted “Best-dressed Woman in the World” in 1932.) Laundry Love covers everything from sorting textiles into warm and cool colors, to washing, drying, and ironing, to understanding the settings on your washing machine. He recommends the warm setting for everything. There’s an entire chapter on stains including”。

Cerenity Senior Care

MEASURING UP

Measuring Up by Lil’ LaMotte and Illustrated by Ann Xu

Above all, Gigi loves to cook. It’s one of her favorite hobbies. She and her grandfather, A-Má, spend countless hours in the kitchen, learning everything. Gigi and her parents move from Taiwan to Seattle. This is a huge change for Gigi, who misses her grandmother dearly and has to quickly get used to American culture and the way things are done in the United States. Back in Taiwan, everything was normal and Gigi didn’t feel so different from everyone else, but in Seattle no one understands Gigi’s culture. Gigi visits A-Má frequently, but it isn’t the same. Now, Gigi wants to bring A-Má to Seattle for her 17th birthday. But how can she get the money? The greatest opportunity comes, a cooking competition to win $1000, which is more than enough. Will Gigi be able to win?

I really liked this heartfelt graphic novel, which stressed the importance of teamwork, family bonds and heritage. I enjoyed all the positive messages in this book. The illustrations were well drawn and all the food made me quite hungry! This book is very inspirational for aspiring chefs like Gigi, it is a light read perfect for all ages.

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As the beauty of the neighborhood ENHANCEs the beauty of the neighborhood IMPROVES conditions for business ADVOCATE for issues that require local action and global thinking!
In the Community

‘Dakota Spirit Walk,’ an augmented reality experience, brings nature sanctuary to life

Walkers within St. Paul’s Bruce Vento Nature Sanctuary with access to smartphones can take their reality to the next level thanks to a new app-based augmented reality called “Dakota Spirit Walk.”

The Dakota Spirit Walk, spearheaded by Dakota digital artist Marlena Myles and the app’s artistic director Todd Boss along with Field Farm Creative, uses geo-location, 3D animation and audio to usher users along a nature path overlaid with augmented reality Dakota spirits. Grandmother Earth, thunder beings, water serpents, and Grandfather Stone — who share history, mischief, warnings, and wisdom. The app, Revelo AR, is free on Google Play and Apple’s App Store and can be used in any weather, at any time of day.

Dakota Spirit Walk is one of several virtual spaces in which multidisciplinary artists can experiment with an expanded toolkit of immersive technologies they wouldn’t otherwise have access to," Boss said per a release. Marlena Myles is one of few Dakota women creating digital art, including fabric patterns, animations, and illustrations that bring modernity to indigenous history, languages, and oral traditions. Her work has been exhibited by the Minneapolis Institute of Art, The Museum of Russian Art, Red Road Heritage Center and the Minnesota Museum of American Art, among many others. Myles was nominated to Revelo AR by guest curator Tricia Heuring, co-founder of Public Functionary, a multidisciplinary topos/digital-revel Ar. Revelo and “Dakota Spirit Walk” were made possible with support from The National Endowment for the Arts, The John S. and James L. Knight Foundation, The City of St Paul’s Cultural Star Program, The Lowertown Future Fund of the Lowertown Redevelopment Corporation, and the Archie D. and Bertha H. Walker Foundation, and The McKnight Foundation.

West 7th Notebook Recollections, December 1997

BY TIM RUSMSEY, MD
Local area Tim Rusmsey walked to work most days from 1979 to 2000. He began as a form of exercise but kept it for his love of local lore having traveled through his interactions with people on the street. He began documenting stories and eventually filled 53 pocketbooks with his observations. Here are some winter tales.

December 17
Walked to work today at 7 a.m. Zero degrees. My long johns and fur lined sorel boots laugh at the cold, but my pen ink freezes, and I have to make scratches and impressions in my notebook. I walk home at 6:45 p.m. It’s snowing. The CSPS Hall is decorated in lights. The old building nearby have big green wreaths looped around them. I like the look. I can make out a musing through a cracked open window on the 3rd floor of the CSPS.

Remembered good West 7th winter story from Tom Funk, a long retired St. Paul policeman and clinic patient for many years. Tom drove the police ambulance for Ancker. The hospital car. This was 1952, long before the ambulance and the hospital car. I remember the street was white all around and the street was black as if it were in the night. I could barely make out the car. Johnny Paul played piano for the crowd. He had a new girlfriend, a wonderful woman.

Cafè, doctors Ravi and Macken and I at the Community Center engineer was the only one left by 9:30. Ravi put away the last of the pots and pans. The engineer hauled trash barrels outside. Carl was taking care of the card table chairs out in the darkened gym. He was still wearing his Santa hat. But he just smiled, head nodding. By the red light of the exit sign, I could barely make him out. I walked from the kitchen into the blackness of the cold. The echoes of metal chairs being folded and stacked onto storage racks.

Carl kept working for a while. The Macken had been worried about a patient, Tex Dubois, a friend of Carl’s. “Mr. Tex is OK,” Carl said without looking up. “Did you see him?” I asked. “No.” “You talked to him?” “No.” “You heard from him?” “No.” “How do you know he’s ok?” I asked.

(Re)Discover George Latimer Central Library

By Terry Glinther, Library Manager

Have you been to the historic George Latimer Central Library recently? It’s worth the short trip down West 7th Street. The 1917 Italian Renaissance building is the flagship of St. Paul Public Library and has three floors of beautiful spaces filled with books, DVDs, magazines and music for all ages to check out, including special collections—like the St. Paul Collection of historical city documents — Sound on only at George Latimer Central Library.

George Latimer Central Library is offering new and expanded programs and events like Saturday Vibe! programming for all ages starting in January. Families with young children will find interactive story times, hands-on make and take activities and craft making live performances on Saturday mornings at 11:30 a.m. Visitors can also learn about the architecture, history and collections within the building at monthly historic building tours. Library After Dark is for all ages on West 7th Street evenings at 6 p.m. boasts free live concerts, game nights or guided make and take like glass painting or laser engraving at the library’s Innovation Lab. Young children can come to pajama story time every Wednesday evening at 6:30 p.m. in the Children’s Room. Starting Jan. 9 George Latimer Central Library, at 265 Oneida, on Rice Park in downtown Saint Paul, will be open Sundays from 1-5 p.m.. With these added hours

the library will be open Tuesdays through Saturday evening hours on Wednesday and Thursday evenings 7-9 p.m., Thursday evenings 11:30-5:30 p.m. and Wednesdays, Fridays 10a.m.-6:30p.m. The library is closed Saturdays and Sundays.

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651-298-5493 keystoneservices.org

Check the website for the latest information or call the Center.

Make a Food Donation

Food is getting more expensive and more people than ever need food support to ensure that their family is healthy and taken care of. If you can lend a helping hand by donating food to Keystone’s food shelves, we would be so appreciative. Keystone’s food shelves are located at both our Midway and Rice Street food shelf locations anytime during open hours. Thank you for doing whatever you can for our neighbors.

Volunteers needed

Keystone Community programs are busier than ever! We can use more volunteers to help with our Keystone Food Shelves. If you can find more information and fill out application on our website keystoneservices.org/

Fare for All at West 7th

Fare for All distribution will be on Jan. 7 from 3pm-4:30pm. This is your opportunity to purchase low-cost food packages that support your neighbors and Minnesota’s local farmers.
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Window Galleries at the M continue
Walk by or drive by the M’s window galleries on 4th and Robert streets in downtown St. Paul and take in the current exhibitions: Sutures and Transformation. Art From the Inside on view through February 20, 2022. First introduced to present engaging exhibitions; while remaining closed due to the COVID-19 pandemic, the M continues to exhibit work in its window galleries in anticipation of commencing construction work on the final phase of the M’s facility in the coming year.

HAND DRUM CLASSES
The Women’s Drum Center is offering a beginner hand drum class on Wednesday, Jan. 12, 3:30 to 4:30pm. (Jembe Joy. Class members play jembe to explore pulse and rhythms. Easy energizing exercises will be utilized to build skills. Join us for the opportunity to explore an enriching musical experience. The focus will be on having fun! Instructor: Jo Klein. Drums are provided. Masks are required. $10 per participant. Register at women@drumcenter.org.

SCREAM IT OFF SCREEN
Join fellow film buffs for the short film competition that is expected to lead to career advancement in any discipline for the purpose of research, career development and/or artistic achievement. Applicants may be at any stage in their career or in any discipline for the purpose of research, career development and/or artistic achievement. Applicants may be at any stage in their career or in any discipline for the purpose of research, career development and/or artistic achievement. Applicants may be at any stage in their career or in any discipline for the purpose of research, career development and/or artistic achievement. Applications are due Jan. 31. For more information visit bit.ly/3GSNWtj.

COUNTY MASTER GARDENERS
Join Ramsey County Master Gardeners for an online crash course on Caring for indoor plants on Jan. 26 from 6:30 to 8 p.m. With a little special care and consideration, you can keep your indoor plants healthy and avoid common problems. Registration required at bit.ly/3G0HyW. The event carries a $5 fee.

LAKE HARRIET KITE FESTIVAL
Join the community at the Friedliarts Gallery and Studio at 943 West 7th St. for Learn to snowshoe. Guests will get basic instructions from park staff and will get a chance to explore the park’s snowshoe trails. The program will run on a first come, first served basis. We have a limited number of snowshoes that will be available for use. Please dress for the weather and bring along water, and good waterproof boots and pants. $5. Info: vzworwvoh@gmail.com, call/text 715-869-3056.

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