The Keystone Community Services annual fundraising event in September, Keys to the City, has raised the remarkable sum of $7,000 to put a second mobile food shelf on the road. They are on a long way toward buying and retrofitting a new truck (with a generator, refrigeration, freezer, lighting, etc.) that will greatly expand their food distribution.

Ongoing expenses for the Foodmobile include wages for the program manager, fuel, insurance, food costs, program supplies, etc. come to about $200,000 annually. This year’s event allowed Keystone to do 29 distributions each month, at community locations throughout St. Paul and Roseville. The focus is on offering distributions at health clinics, senior sites, schools, churches, colleges, and other places where there is tight need and limited access.

Keystone, the largest provider of basic needs services in Ramsey County, helps address food insecurity in the metro by serving more than 28,000 people annually at Foodmobile.

FOODMOBILE, PG 4

Restoration of 1882 Victorian Reveals Ties to West 7th

BY PAUL BARD


COMMUNITYREPORTER.ORG.

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What’s Right about Trash?

In a few weeks, St. Paul residents will head to the curb to begin the City’s annual trash collection. This is an opportunity to uphold our organized trash collection ordinance. While we aim to keep our streets clean, we also must prioritize the environment. I support our ongoing campaign to advocate for a more efficient and environmentally friendly trash collection program. We have heard from our residents who have passionate opinions about how the City collects trash.

Misperception: The City Council was not listening to the people when it voted to organize collection. Fact: Many of my colleagues and I are already interested in making changes to our organized trash collection system. We have heard from constituents about the need for multi-unit buildings to consolidate trash into fewer collection points. We have also sought to improve the efficiency of our collection efforts.

Misperception: There are too many rules about how to dispose of trash. Fact: While we do have specific rules about what can be put out for pickup, we strive to make our collection program as user-friendly as possible.

Misperception: If I’m fine with the new organized trash collection system, then it’s fine. Fact: I am interested in making changes to our organized trash collection system, and I hope to see changes that benefit all residents.

Misperception: I only receive trash pickup service once a week. Fact: The City’s new collection program allows for more frequent pickup. This can help to reduce the amount of trash on the streets and make it easier to keep our neighborhoods clean.

Misperception: Online resources are a way to reduce the amount of paper waste. Fact: While online resources are helpful, we also need to consider the environmental impact of printing and mail.

As a nonprofit organization we are governed by a Board of Directors, and we have openings for community members to join. We are looking for people who are passionate about making a difference in the community. We have correspondents, reporters, reviewers and general writers involved. You can write a letter to the editor on a topic you have written about, or if you’re interested in one of our columns, or a longer “Neighbors Speak Out” piece.

West End HEALTHLINE

Have Your Children Experienced the Joy of Reading Books

By Jonathan Dickman

WITH CONTRIBUTIONS FROM JOSEPH TAYLOR DICKMAN

The magic of books is a wonderful thing to behold. I often find my children on the couch with a book in their hands flipping through the pages. There are some of the same places where our house is the most quiet and serene. Don’t get me wrong, we have television, but it is in a corner and only turned on for a handful of times a year. Screen feeds fast-paced images and decreases our ability to focus and be creative. Instead of screen time, we have focused on reading and enjoying the stories they contain. As I saw my children sitting on the couch, I asked my 7-year-old son (Joseph) what he thought about books and he told me, “I like to get deep in a book, because they can have mysteries, which I love. You can learn from them. Sometimes you have to learn about something you’ve never read them over and over again.” He also wanted all children to be able to read. Geronimo Stilton and Dog Man are his favorites. He can go through these books so fast that we frequent the public libraries each month. Local public libraries offer free opportunities to encourage the mind in thinking through stories, learning language and enhancing imagination.

So how do, Rachel, also enjoys books and got started early. When she learned that Joseph was supposed to read at least 20 minutes every day, she did not want to be left behind. At 3 years old, she started reading basic stories on her own. Now at the age of 5, the twice a month read with expression and emotion, and laugh at the jokes in her books. Rapid language development was, in a larger sense, to books stating “= it is time to learn, I can learn a lot.”

How do you get your kids to love books? Initially, there is a time investment for parents. Kids start to love books because they are a means to escape with their parents and if you are not noticed, kids constantly crave the attention of adults. Sometimes, I want my children to look at the screens of their phone at the playground while their children get wilder and wilder, hoping to tear their parent away from the screen and pay attention to them. Books encourage interaction as a whole family with children. At a young age, children listen to and watch their parents read the words as they try to figure out how to read aloud. I have even gotten my children more attention to the pictures as they try to think about the story, to anticipate what comes next and to eventually figure out how to read on their own. At some point, you might find your kids picking up a book on their own and using the story that they learn as a way to rewrite a unfair day at school. Thanks to public libraries, children have free access to books and no-stop entertainment. Visit your local library to open the possibilities of knowledge and activities. Kentucky, Medicine, also we give a book at each well child appointment (between 6 months and 5 years) and there is a free book grows in the children. Reading is to the young developing mind. There are so many ways to get started, so make a plan to pick up a book today.

WHOLE WIDE WORLD

By Leslie Spring, Library Manager

Join us at the open opening of Art Cafe at the Library on Friday, October 11 from 6-7:30 pm. The first-floor gallery will feature photography, ceramics, oils, jewelry, pastels, watercolor, mixed media and more by local artists. This program is part of the Paul Saint Art Cafe taking place October 11-13. The West 7th Book Club will be discussing The Colorist by Anna Burns. For help finding copies of book club books, call 651-298-5599; Ask a Librarian at the desk. West 7th is hosting One-To-One Tech Help at October 15 and November 5 from 11:30-1:30 p.m. Call to make a 30-minute appointment with us for help with using the internet.

WEST 7TH PUBLIC LIBRARY

with your personal device (including smartphones, tablets, computers), or a library computer. Preschool Storytime at West 7th Library is set through the month of October with Wednesdays at 10:30 a.m. Join us for stories, song and rhymes. All ages and activity levels are welcome. Grand Rendezvous at 7:15 Fall Maker Break for will be hosted at a variety of libraries October 17- Join in with hands-on activities. Find the full list of activities on the event tab at open.org/book. All Saint Paul Public Library locations will be closing at 14 for the day.

WEST 7TH LIBRARY HOURS

Mon 12:30-8pm; Tue 10:30am-5:30pm; Wed 10am-5:30pm, Thu 12:30-8pm; Fri 10am-5:30pm. Closed weekends, holidays. 651-298-5598.
great river greening offers restoration event

Dodge Nature Center
Archery Apple Shoot 10/2, 6-7 p.m., Main Office Entrance, 365 Marie Ave. West in West St. Paul. Celebrate another season and learn how to use a bow and arrow in a safe and fun way. Children must be ages 6 and up for this activity. No experience required. Pre-registration is required. $10 per person.

Fall Phenology Family Hike 10/5, 10-11 a.m. at Main Office Entrance. Explore the habitats of Dodge to see what is happening with the plants and animals as the seasons change. A special treat awaits the group at the end of the hike! Pre-registration is required. Ages 2 and under are free. $7 per person.

Shinrin-Yoku (Forest Bathing) 10/10, 10 a.m. to noon at Farm Entrance 3. Explore the comforts of this two-hour walk. Participants will be given a series of suggested ways to connect to their surroundings. It will be a relaxing and mostly silent hike, honor each participant’s personal space, and cover just about a mile and a half over generally flat surfaces. At the end of each meditation exploration, the group will gather and share a few words. The evening will conclude with a short tea ceremony.

Dodge Nature Center
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Pet Urine Odors?
We Can Help!

Community News & Events

Gulf, an environmental organization based in St. Paul, is hosting a second public restoration volunteer event this month — a planting event at Lilydale Bluffs on Saturday, October 5. (See to moon. Volunteers and supervisors are needed for both events. This 100-person volunteer event is sponsored by the Saint Paul Area Association of REALTORS® Charitable Foundation. Volunteers will plant native seeds and plants along a two-acre swath of land at Lilydale Bluffs in St. Paul. Significant erosion in the area has led to degrading bluff and poor water quality in the nearby Mississippi River. The native plants will encourage habitat recovery and stabilize the bluff area, a critical piece to improving the bluffs. Contact Genna at volunteer@greatrivergreening.org or go to greatrivergreening.org/events/lilydale-planting.

SubText Books Programs
SubText, 7 p.m. at 68 W. 5th St. For details see subtextbooks.com/events/2019

• Margaret Renkl for Late Migrations. Oct. 9.
• William Kent Krueger for This Tender Land. Oct. 23.

Community Volunteers at Reading Partners is a national nonprofit that engages community volunteers to tutor students in under-resourced schools with a strong focus here in the Twin Cities. Less than half of St. Paul and Minneapolis’s third-graders are meeting key benchmarks for success in reading and reading comprehension.

Last year, Reading Partners served more than 500 local community volunteers who are reading below their necessary grade in 11 under-resourced schools. More than 750 local community volunteers are mobilized each week to provide one-on-one literacy tutoring support through Reading Partners’ effective, evidence-based curriculum. And it’s working — at the end of the school year, 90 percent of K-2 students entering Reading Partners were mastering the foundational literacy skills needed to read on grade level.

Reading Partners volunteers become much more than just reading partners. By sharing their knowledge and experience, they become mentors, friends, and positive role models to the children they work with. Working one-on-one with a student gives the volunteer a unique window into the life of each student — maybe even your own.

The fort is open Saturdays through October 26. Additional hours are available for school groups in the spring and fall. Learn more at mnsft.org/fortsighting.
Bucket Brigade kicks off its sixth season at Art House North in St. Paul with a brand-new musical, *Big, Little Monster*, a monstrously fun and surprisingly moving show that reveals that all monsters are secretly scared. Book writer, lyricist and performer Jeremiah Gamble says, “It feels like everyone is dealing with anxiety and fear these days. I wanted to write a show that encouraged all of us who struggle with fear and anxiety that we’re not alone. I’ve found that even that simple reminder can provide just enough courage to help me face the fear and do the thing anyway.”

Jeremiah is collaborating with composer Noah Riemer, also known as Duke Otherwise, a singer-songwriter from Madison who specializes in whimsical, clever and silly kids’ music. Jeremiah says, “Our family has been huge fans of Noah’s music ever since our three kids were tiny tots. His music is delightful, full of joy and deliciously quirky. It’s been a secret hope of mine to create something with him. And when I got the idea for this show, I thought, ‘Noah’s music would be a perfect fit!’”

Noah says, “When Jeremiah first approached me about composing music for this, I was excited to compose a whole slew of Monster songs. Then when I found out these monsters were complex creatures full of insecurities, fears and self-doubt, I was all the more eager to begin. It’s not just snarls and growls and words that rhyme with scary — there’s something in this story that will resonate with us all.”

Joining Jeremiah onstage is singer/actor Daniel Greco and musicians Chris Erickson and Brian Lenz. The cast of *Big, Little Monster* from left to right: Chris Erickson (musician), Daniel Greco (actor), Brian Lenz (musician), and Jeremiah Gamble (writer/actor).

The cast of *Big, Little Monster* playfully pulls back the curtain on the world of monsters. All humans know that monsters are scary, but a lesser-known fact is that monsters are never, EVER scared. Then why is Jr. Monster afraid for his first day of Fright School? And can he find the courage to dare what no monster has ever dared?

Performances are on Fridays and Saturdays, September 27 - October 12 at Art House North, 793 Armstrong Avenue, St. Paul. Showtimes are 7 p.m. Additional performances Sundays, October 6 and 12 at 3 p.m., and Pay-As-You're-Able Monday, October 7 at 7 p.m. Tickets: $20 Adults, $15 Students/Seniors, $12 Kids 12 and under. $5 off opening weekend. More at bucketbrigadetheater.com or 1-800-638-3006.

The Great River Passage Initiative in partnership with the City of Saint Paul. It has set a $2.2 million goal for its campaign to advance three major projects along the Mississippi River. The Great River Passage Initiative fosters environmental stewardship, community health and economic development by advancing major projects along the Mississippi River and supporting unique programming opportunities that allow people to experience the river in new ways.

The campaign will fund the initial planning and schematic design of these capital projects. These projects will better connect a more diverse community to the river, improve both community and river health, and support economic development along the river.

- **River Balcony**: A 1.5-mile promenade that transforms urban infrastructure into public space, connecting parks, civic landmarks and private development along Kellogg Boulevard and down to the Mississippi River.
- **East Side River District**: A dynamic urban land system that reveals the complex systems and stories of the East Side, heals a compromised landscape, connects the area to the larger city, and protects culturally sacred sites and sensitive ecological systems.

To receive Great River Passage updates, see GreatRiverPassage.org. The cast of *Big, Little Monster* is sponsored by Ballet Tuesday and proposed National River Learning Center.

October 8, 12-1 pm: Ballet Tuesday
October 27, 1-3 pm: Sundays at Landmark - Great Pumpkin Halloween Celebration

These events are free. Full event details at www.landmarkcenter.org

**October 17, 4:30-6:30 pm**
1107 West 7th | Hosted by Joseph’s Coat
Come & share your West End business developments!
This month at our networking meeting, learn more about an important community service: Joseph’s Coat. Bring a new or gently used clothing, stain free, clean & in good repair.
There's Hope for Breakfast
BY JERRY ROTHSTEIN

Two years ago, we reported on our neighborhood's refusal to accept the loss of one of St. Paul's historic buildings: "The Hope Engine Company No. 3 building was designed and built in 1871-72, and occupied for the first time in 1873. It is the oldest existing municipal building of any kind in the entire city of St. Paul and the station served the community until 1956, 85 years of active service. The building is a structural landmark, and is considered a landmark in the neighborhood. It is eligible for listing on the National Register of Historic Places, and is also eligible for local historic designation by the Heritage Preservation Commission. We envision the resulting enterprise as a place that more than its name implies." Sarah and Brian Ingram are taking the saved, repaired and repurposed landmark into its new life as the Hope Breakfast Bar, an enterprise that is much more than its name implies.

Brian has been cooking all his life. At 14, in Alaska, he apprenticed with a master chef and went on to significant roles in the restaurant industry, including the creation of all the American locations for Michelin-starred chef Alain Ducasse. He has created eateries for Brinker International and MGM Resorts, and at least one of his creations is in every state of the union. His more recent work on New Bohemia WurstelBier Haus and the Seventh Street Truck Park brought him into St. Paul and thanks to his many connections in the industry, the fire hall "fell into our lap."

Sarah, a Minnesota native, has devoted her life to giving, volunteering for causes she sees as vital, including The Cupcake Girls (thecupcakegirls.org), which provides a broad range of resources to those involved in the sex industry, and Zero: The End of Prostate Cancer (zerocancer.org). They are also intent on being part of and supporting the growing involvement of businesses to share their success with the wider world. They look to their suppliers to see whether they give back, and have pledged themselves to donate 3% of monthly profits to local causes.

As they prepared for a soft opening late in September, staff were in training and learning about the real mission behind this business. Brian and Sarah want volunteering at Hope to be a different experience from many other service jobs. Brian will be in the kitchen Sarah out front as the face of the business. But without their unity of purpose, there is no Hope Breakfast Bar.

Neighboring owner of Café Astoria, Leah Raymundo, is eager for Hope to open. "It’s great to be building our community and putting the historic building to real use again."

BankCherokee Community Action

For the fourth year in a row, a group of BankCherokee (Bank) employees spent a September afternoon completing landscape clean-up around the walking path in Little Bohemia. This year, on Wednesday, September 11, it rained very hard in the morning and staff were in training and learning about the real mission behind this business. Brian and Sarah want volunteering at Hope to be a different experience from many other service jobs. Brian will be in the kitchen Sarah out front as the face of the business. But without their unity of purpose, there is no Hope Breakfast Bar.

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My little brother “ruined” his eyes at age 10 when he started taking a shot or two at the TV set from 1958 to 1965. My sister could not take her head out of a book. She drogged her heels and dug into the dirt, occasionally cleaned her plate, excused herself and disappeared again in a book. In the 1980s on road trips with my own children their eyes were closed, ear phones plugged by Walkman and, I swear, they never saw Big Sur, Santa Monica, the San Francisco Pier or Bodega Bay. I was annoyed locally the curving coastal road. Not that I’m one to judge, but a child raised her head ever so slightly, perhaps mouthed “cool!” then returned to her technology. We worry, we fretted. We despaired of ever having to have so many grandchildren. Our oldest (now 26 years old) lived to read, loved everything pop culture, spent hours in front of the TV. Reading, watching magazines, watched at least a movie a day, read Harry Potter and the entire Twilight series. A child raised her head ever so slightly, perhaps mouthed “cool!” then returned to her technology. We worry, we fretted. We despaired of ever having to have so many grandchildren. Our oldest (now 26 years old) lived to read, loved everything pop culture, spent hours in front of the TV. Reading, watching magazines, watched at least a movie a day, read Harry Potter and the entire Twilight series. In the 1980s on road trips with my own children their eyes were closed, ear phones plugged by Walkman and, I swear, they never saw Big Sur, Santa Monica, the San Francisco Pier or Bodega Bay. I was annoyed locally the curving coastal road. Not that I’m one to judge, but a child raised her head ever so slightly, perhaps mouthed “cool!” then returned to her technology. We worry, we fretted. We despaired of ever having to have so many grandchildren. Our oldest (now 26 years old) lived to read, loved everything pop culture, spent hours in front of the TV. Reading, watching magazines, watched at least a movie a day, read Harry Potter and the entire Twilight series. In the 1980s on road trips with my own children their eyes were closed, ear phones plugged by Walkman and, I swear, they never saw Big Sur, Santa Monica, the San Francisco Pier or Bodega Bay. I was annoyed locally the curving coastal road. Not that I’m one to judge, but a child raised her head ever so slightly, perhaps mouthed “cool!” then returned to her technology.
October 2019 Community Reporter

Assistant Editor or Correspondent

A writing opportunity to contribute to a community newspaper. You have some reporting and writing experience, and knowledge of the West End. Honorary."

Advertising Sales

Commission basis. Sales experience, knowledge of the West End and neighboring areas.

Contact Jerry Rothstein, Managing Editor. 651-587-8859.

BULLETIN BOARD

St. Paul Art Crawl: The Schmidt Artist Lofts has been a booming location; last spring with 70+ participating artists, more than 6,200 people stepped through its doors to view and shop local talent. The fall at the Landmark Gallery of the Brew House, a very special exhibit titled “We are Still Here” presents works created by talented Indigenous artists. The Pig’s Eye Gallery in the Bottle House will feature Schmidt resident artists. Local artists, visual, interactive, and performing, food trucks, treats and more can be found all throughout the historic Brew House and Bottle House, providing something for everyone to enjoy. Bring your family and friends and immerse yourselves in the world of artistry at the Schmidt! Friday, October 11, 6pm to 10pm, Saturday October 12, 12pm to 10pm & Sunday October 13, 12pm to 5pm. Info: saintpaulartcrawl.org

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Volunteers needed to sort donated clothing.
An hour or two per week will be a great help! Call 651-291-2472 to join us.
Since 1989, Joseph’s Coat has been serving our neediest neighbors. Our free store provides clothing, household items, personal hygiene products, and children’s items. More than 1,000 individuals are served each week through the dedicated efforts of our volunteers.

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