Ways of Knowing
Minnesota Compass Provides Data that Matters

By Jerry Rothstein

Have you researched how to inform others about something great about your community? Or ever thought it was important but not necessarily nice to know but not essential? Usually we start with an overall awareness of the prevalence of gun violence — something about the state, the city, taxes, schools, arts and cultural resources, services we might need. We learn the practicalities of meeting our needs.

Who are the people in your neighborhood, in your neighborhood…?

By Deb Padgett

It is a local café. “He bought me a 9mm for the living room, a shotgun for the bathroom, a Glock (something or other) for the basement and a set of tools for the garage.” Heads nod around their table as if this all makes sense. The talker goes on, “I ask him if he is staying and he says yes.” Heads nod around the table, but no comment. Is gun ownership public data? We never really learned the story of my family. My siblings and I upheld the silence by dead-quiet stillness. Can you imagine, for example, that whatever we can imagine, for example, that whatever one’s skin.

There's a lot of common ground around gun sense

By Mari Brot

The debate around the role of guns in our culture often happens right in our own homes. How many of us had a conversation with a relative about politics or guns over the recent holidays? I used to dread those discussions as too divisive and impossible to resolve. How can a gun violence survivor and a founding member of the Minnesota chapter of Moms Demand Action for Gun Sense in America, I realized that I had to wade into some uncomfortable situations in order to change our culture around guns.

There are many reasons for resistance to speaking about the legacy of racism in our national state and communities. It is economically beneficial for those of us who make it that much more difficult to address keeping mental health struggles hidden only but because slave owners like Washington, fitted with his dentures. Washington D.C. had their teeth yanked out so they might be held at Metropolitan State University, Dr. brought it to light, seeking a change in name the school's founder, whose history includes 2013, Macalester College, a school that sees the two rivers join, and in their origin story is the place of creation. Hindus died of starvation and illness over a long cold winter, as they were imprisoned in the very place they held most sacred. It is among the many stories we in Minnesota largely keep hidden from our children. The Minnesota Historical Society decision to include signage at Fort Snelling which read “The fort called ‘Bde Maka Ska’ was met with fierce criticism. In response, the senate sought to cut MVHS funding by four million dollars. So heres another way to be reminded of a history we have sought to keep hidden.

We also are realizing that making mental health struggles hidden only makes it that much more difficult to address when they surface anew. Bringing my greatMinnesota Compass Project was developed precisely to help us address such questions. When leaders around the state voiced a desire to have credible, easy-to-access data about what was happening with our communities across Minnesota, Wilder Research worked with advisors representing business, government, nonprofits, philanthropy to develop and implement Minnesota Compass as a statewide resource for reliable data.

Minnesota Compass is a social indicators project that measures progress in our state and its communities. Led by Wilder Research, Minnesota Compass provides nonpartisan information and tracks trends in areas such as education, economy, workforce, health, housing, and many others. Data and analysis on mncompass.org give everyone in our state — policymakers, business and community leaders, and concerned individuals who live and work here — a common foundation to identify, understand, and act on issues that affect our communities. Compass does this by:

- Providing unbiased, credible information.
- Tracking trends and measuring progress on issues that impact our quality of life.

MINNESOTA COMPASS, PG 5

GUN SENSE, PG 7
BY CATE SERING, LIBRARY MANAGER

As we push through winter, West 7th Library has everything you need to enjoy the dark nights and cold weather! We have hundreds of programs with tens of thousands of participants. You can do much more than just check out a book at our libraries — take a ukulele class, bring your child to storytime, get a job, search for schools in St. Paul and attending the Rathskeller Building.

The West 7th Book Club will be discussing the book "The Warmth of Other Suns" by Mary Renault on Thursday, February 27 at 6:30 p.m. We are looking for more members, and everyone is welcome. For help finding copies of book club titles, give us a call at 651-298-5516.

The West 7th is hosting One-to-One Tech Help on February 4 and 11 from 13:00 a.m. to 1:30 p.m. Call to make a 30-minute appointment with us for help with your personal device (including smartphones, tablets, and laptops), or a library computer. Join us at the West 7th Library on Wednesday at 10:30 a.m. for Preschool Storytime where we will read stories with your child while building a foundation for reading success. Storytime teaches social skills, letter/recognition and vocabulary all while moving, singing and having fun. All Saint Paul City Library locations will be closed President’s Day, February 17.

WEST 7TH LIBRARY HOURS
Mon 12:30-8:00pm, Tue 10:30am-5:30pm, Wed 10:30-6:30pm, Thu 12:30-8:00pm, Fri 10-5:30pm. Closed weekends. Info: 651-298-5516

WHOLE WORLD WIDE WEST 7TH PUBLIC LIBRARY

WE END HEALTHLINE Improving Community Health II

BY JERRY ROTHSTEIN

A recent initiative United Family Medicine’s (UFM) Family Practice Residency Program is leading to some exciting improvements in communication, connection and collaboration among individuals and groups concerned about specific community health issues.

Each Resident physician has been involved over their three-year residency in a community oriented primary care project (COP). Until this year it was the residents’ responsibility to design a project that would then see whether they could gather community interest and participation. This year, with the help of UFM, the projects have been reversed. Community residents and groups interested in UFM were invited to submit ideas to involve the Residents in projects that the community developed, on topics that concern them the most — ones that would benefit, of course, from a doctor’s involvement.

Many good responses were received, and UFM is in the process of connecting Residents with projects so that things can proceed.

One of the proposals came in from the West 7th Community Center’s Community Kids After School Program, a remarkably educational result of creating learning opportunities.

Community Kids proposal
Community Kids overall program goals

• Include promoting the development of the whole youth/child including healthy physical, mental, moral and career readiness.

Our residents target project consists of youth from low income households attending schools in St. Paul and attending the Community Kids after school program.

Project goals for K-4 students

• To learn the benefits of physical fitness/regular exercise and healthy nutrition.

• To learn about being a doctor.

• To lessen fear and anxiety regarding physical exams and visits to the doctor.

Project goals for students (grades 5-10)

• To learn about career pathways into the medical profession.

• To participate in medical related STEM activities.

• Increased knowledge regarding benefits of exercise and nutrition.

• Increased knowledge of the medical profession and possible careers.

• Increased comfort level around doctors.

In addition, Community Kids teachers and UFM Specialties will bring knowledge and activity ideas that they can continue to use at home. They may include: benefits of physical fitness/regular exercise and healthy nutrition followed by active sports and games/healthy cooking projects; discussions about why we make regular visits to the doctor, how immunizations help us, question and answer sessions about being a doctor and learning about career pathways into the medical profession; medical related, hands-on STEM activities conducted jointly between the doctor and Community Kids teachers. Also, the Resident could do a parent education session for program parents regarding regular transportation and Land Use, healthy and lifestyle choices.

By working with a few important ideas about what would be good for the program:

• A doctor that enjoys spending time in the schools.

• A doctor that enjoys physical activity/sports and games/healthy nutrition.

• A person of color to be a role model for our students.

• 60% of students are color, 50% are from East African immigrant families.

Two Residents have responded to the invitation: Drs. Jeren Carter and Natalie Henson.

In future issues, Community Reporter will report on the progress of these and other projects being launched under this initiative. Any time you are interested in being involved, you can contact Editor Jerry Rothstein, 651-587-8859 or editor@communityreporter.org.

FEDERATION UPDATE

974 West 7th | fortroadfederation.org

COMMUNITIES

The Federation has three committees: Transportation and Land Use, Fundraising and Development, and the Community Engagement Committee. If you would like to join a committee or learn more about it, please call or email the office at 651-298-5599 or emily@fortroadfederation.org.

SAVE THE DATE!

The Annual Meeting will be the evening of April 7 at Summit Brewing Co.

STAY IN TOUCH

“Like” us on Facebook or call or email Federation on Facebook and subscribe to its newsletter on our website — fortroadfederation.org.

CONTACT

Emily Northey, FFR executive director emilynorthey@fortroadfederation.org or emily@fortroadfederation.org.

SOLIDARITY, PG 1

uncle David’s story has little to do with bringing shame on the family, but it has everything to do with healing the many wounds that rituals continue to create. To continue encountering today, if we are unable to humanize and connect with the brokenness of the past, we will be unable to name and heal the brokenness of the present.

It is too much work to have much to say about racism in our nation, state and community. But one thing is certain, if healing is to occur and we are able to truly live into the ideal version of our common life that we hold dear, it will be because the history and reality of racism is no longer hidden.

The Federation Board meeting was held on Jan.13. The next Board meeting is Monday, Feb. 10 from 11:30 a.m. to 1:30 p.m. at the Rathskeller Building.

The next Board meeting is Monday, Feb. 10 from 11:30 a.m. to 1:30 p.m. at the Rathskeller Building.
February is Black History Month

“2020 marks the 150th anniversary of the Fifteenth Amendment (1870), which gave the right of black men to vote following the Civil War, and also marks the centennial of the Nineteenth Amendment and the culmination of the women’s suffrage movement.”

This year’s theme for Black History Month, “African American and the Vote,” recognizes the struggle for voting rights among both black men AND women throughout American history. “It is an ongoing struggle for people of color that continues into the 21st century.”

--Source: chiff.com--

STAR Grant Process Begins

Both Neighborhood STAR and Cultural STAR grant processes are underway. The Neighborhood STAR Program provides low-interest loans and grants for capital/bricks & mortar improvement projects within the City of St. Paul. It is a great opportunity to pursue “gap” financing, to move forward on projects.

This experience has limited reservations so pre-register at 651-455-4531 or Info: 651-917-4621; bit.ly/rondoInfoSession

Nourish Your Need For Nature

Love in the Wild Date Night: 2/13, 6-9 p.m. at Farm Entrance 3, 1701 Charlton St. West St. Paul. Hosted by Farmer Don Oberdorfer and Naturalist Pam Welsch. This experience has limited reservations so sign up soon. Adults must be 21+ to drink alcohol. Pre-registration is required. $50 per couple. Pre-register at 651-455-4531 or DodgeNatureCenter.org.

St. Paul Business Awards Nominations

The St. Paul City Council values the arts and cultural sector to promote economic vitality in St. Paul. Organizations and artists are encouraged to apply for the 2020 Round One funding for projects taking place between July 1, 2020 and June 30, 2021. Applications are due Friday, February 28 at 4 p.m. Learn more at stpaul.gov/CulturalSTAR.

Choice Award. To nominate, go to stpaul.gov/2020BusinessAwards. Nominations are open until February 28.

Talk: Prosecuting Myanmar for Genocide of the Rohingya

World Without Genocide will host a program about the genocide of the Rohingya in Myanmar, people the UN calls “the most persecuted people on earth.” For decades the country’s military has carried out rape, torture, killing, and a scorched-earth policy against this Muslim minority.

There are three concurrent efforts to end impunity for the genocide: prosecution of the country of Myanmar at the UN International Court of Justice; prosecution of leading generals and Aung San Suu Kyi, state counselor and now fallen human rights icon, at the Federal Court of Argentina; and an investigation at the International Criminal Court into the military generals.

This event explores the reasons for the persecution of the Rohingya; the three efforts to seek justice; and the US role in this issue. Saturday, Feb. 8, 10 am-12pm at Mitchell Hamline School of Law, 875 Summit Ave, Conservatory – Room 147. The program is open to the public. Registration is required by Feb. 7 at worldwithoutgenocide.org.

Minnesota’s Alternative Care and Elderly Waiver Programs

Older adults who need services to help them remain in their homes may be interested in Minnesota’s Alternative Care and Elderly Waiver programs. Programs offer a wide variety of services, including home health aide services, home-delivered meals, transportation, personal care assistants, medical supplies and equipment, companion services and homemaker services. Services that help spouses, families and others who care for older adults are also offered.

On Feb. 6, 12-3pm, Ramsey County and representatives from the Senior LinkAge Line, HealthPartners, Medica and UCare will provide info about eligibility and resources. Info: 651-877-4620; link@ramsco.us

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For more information and to learn if you are eligible; call 651-298-5493 for more information.

Ready-Steady Research

You are Invited!

If you are at least 70 years old and do not practice balance or strength exercises on a regular basis, you may be eligible to participate in this research study.

Participants attend an 8 week course that meets once per week for 90 minutes. They also participate in research interviews before and after the course. Participants receive a Fitbit to keep, and compensation.

The next course begins in April, 2020 at the West 7th Community Center, 265 Oneida Street Saint Paul, MN

For more information and to learn if you are eligible; call 612.626.9599

Email: ready steadys3@umn.edu

https://sites.google.com/umn.edu/readysteady/home
A Choice of Weapons, Honor and Dignity: TheVisions of Gordon Parks, Jamel Shabazz

Minnesota Museum of American Art (the M) is presenting A Choice of Weapons, Honor and Dignity. The Visions of Gordon Parks and Jamel Shabazz through April 19. This exhibition includes photographs that document expressions of dignity, honor, hope, and love in the African-American community through two towering photographers. Featured works include Gordon Parks’ astonishing images from the Jim Crow-era black men in the Twin Cities. This transgenerational group will meet at the M to discuss the exhibition. For one/both: $30, Fri & Sat 7:30pm, 1/31-2/22 at Art House North, 793 Armstrong Ave, St. Paul. Open Wed, Fri, Sat and Sun, 11am-5pm; Thu 11am-8pm. Free admission. The M at 350 Robert St North, St. Paul. Open Wed, Fri, Sat and Sun, 11am-5pm; Thu 11am-8pm.

SPECIAL RELATED EVENTS
- Curator Tour: In Memory of Gordon Parks, Led by Curator Robin Hickman-Winfield, March 7, 1 pm, free but RSVP.
- Artist Talk: Den-Zell Gilliard, April 4, 1 pm, free but RSVP. Documentary Den-Zell Gilliard will discuss the influence of Gordon Parks on his practice. From Parks, he inherited a belief that photography can serve as a weapon against racism.

Thinks Twice.

St. Vincent de Paul Thrift Stores sell only quality second-hand clothing, furniture and housewares.

St. Vincent de Paul Thrift Stores

Hours: 9:30-5 M-F
9:30-5 SAT
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INFO#3610922

John Gladis

West 7th Real Estate Expert

Community Arts & Culture

'Til Death: A Marriage Musical Returns for Sixth Year

'Til Death: A Marriage Musical at Art House North in St. Paul drew many plaudits last year, including topping the Visitsaintpaul list of “best spots in St. Paul to cozy up for Valentine’s.” Writers and performers Jeremiah and Vanessa Gamble, who recently celebrated their twenty-first wedding anniversary, wrote the show and have performed it every Valentine’s season since 2012. Says Jeremiah, “It’s become our Valentine’s tradition. It’s a joy to see couples laughing together and cozying up to each other. Laughter is a good couples’ therapy.”

Some couples return year after year, often bringing friends and family to experience the show for the first time. One couple remarked, “It’s a must see for all married or soon to be married couples. The perfect combination of humor and inspiration.” Many couples have found it to be a great way to celebrate their anniversary. “We saw it to celebrate our 50th wedding anniversary!” (SayEntirely.com.)

“Just as much. It’s just as funny and heartfelt as ever” (SayEntirely.com.)

Even reviewers return! “I saw Til Death again this year and loved it just as much. It’s just as funny and heartfelt as ever” (SayEntirely.com.)

Joining the Gambles onstage is another real-life married duo, Damian and Anna Leverett, who are returning for their third season as the quirky newlyweds, Leslie and Freddie.

“Doing this show is a very special experience. We all look out at the audience and see couples holding each other, laughing together, clinging to one another.” Anna adds, “I can’t wait to perform Til Death again. It is a joy to get to be in the same show AND play a married couple!”

Vanessa adds, “Working with your partner has its ups and downs. The highs are high and the lows are low, mostly because you know each other so well. But… it’s worth it. And we do laugh a lot, which saves everything— including our marriage— particularly during tech week.” ‘Til Death follows the story of Ethan and Olivia (portrayed by the Gamble), a couple in marital midlife crisis, who find themselves stuck in a remote cabin with newfound eccentric strangers (portrayed by the Leveretts) who are “perfectly perfect for each other.”

'TIL DEATH: A MARRIAGE MUSICAL runs Fri & Sat 7:30pm, 1/31-2/23 at Art House North, 793 Armstrong Ave, St. Paul. Also 2/17, 3pm, a Pay-As-You-‘Re-Able Mat. 2/17, 7:30pm, $20-$27 (treats included!), bucketbrigadetheater.com or 651-560-0892. And, for a second year, Michael Pierce Donley (of Triple Espresso fame) will perform love songs by request whilst you enjoy your dessert.

Happy Birthday West Enders

West Enders making a difference: Pat Tupper at 80; Fran Gray at 90, at their January celebration!

WHO SPEAKS FOR ME?

A FREE two-part series about END OF LIFE Conversations

RSVP for one/both: 651-688-0787 or email info@jfsap.org

PART ONE: “Being Mortal” Movie & Discussion
Feb. 13, 5:30-7:30 pm

PART TWO: Dinner & Discussion
Feb. 20, 5:30-7:30 pm

Free dinner and discussion about living and dying, and what matters.

Jewish Family Services of St. Paul, 1633 West 7th St, St. Paul

Community Arts & Culture
In the Community

Phi Chay Thai Cuisine comes to West Seventh

BY JERRY ROTHSTEIN

Chong Ku deftly健身 an "older brother" (Phi Chay) in the restaurant business. After being displaced by war from Laos, his home country, his family spent a year in Thailand before coming to the US in 1976, and the family relocated to Michigan.

Chong started to look for a new location. That, too, was sold profitably, Avenue, which became one of St. Paul's most popular. That, too, was sold profitably, and he started to look for a new location. As with many of the new businesses we have welcomed to the West End in the past several years, Chong recognized our

MN COMPASS, PG 1

Own section on the home page. You’ll be able to create a custom profile for your area of interest anywhere in the state. Instructions and tutorials guide you through the process.

When you use the MN Compass resources you can find measurable information that shows trends over time on select areas related to quality of life across the state and in our local communities. The information is provided in a wide variety of topic areas, many of which have important links to other topics when using the data for planning and development purposes, or to assess how a given community is doing in essential areas.

The topic areas, each of which has a link to results on the MN Compass site, include: Aging, Arts and Culture, Children and Youth, Civic Engagement, Demographics, Education, Environment, Health, Housing, Immigration, Public Safety, Transportation and Workforce. Special topics are added periodically; currently data around STEM and Real, Reach and Resilience, and the recently launched Cultural Community Profiles are offered. Communities can choose or decline the selection of data indicators included in each topic area.

By using the Build Your Own tools, you can create in-depth data profiles or build your own data profile for Minnesota communities by geographic area. For a sample analysis of poverty levels in the West End and Highland districts see www.communityreporter.org.

The West End of St. Paul is historically and culturally consistent from downtown to the Highway 94 bridge. But political divisions paint a different picture. Part of City Council District 2 (C.M. Noecker and the West 7th/Fort Road Federation) takes more than half of the West End, with a boundary around Montreal and West Seventh. Part of City Council District 3 (C.M. Tolbert and the Highland District Council) covers the western part of the West End and the Highland District. By selecting the boundaries carefully with the MN Compass Build Your Own tool, we’re able to confirm that using the variable of poverty levels, both parts of the West End are consistent, while the rest of Highland is quite different. This could be a starting point for many investigations – whether housing costs are affordable, whether public transit options are equitable for lower-income people.

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MN COMPASS, PG 7

Chong Ku at the wok, growing neighborhood, with lots of activity, safety and supportive people.

He will bring us real Thai comfort food. Not "fancy," but fresh and perfectly prepared, as you would find in Thailand.

Chong is committed to creating a comfortable atmosphere, consistent food quality and the best customer service.

His curries, noodle dishes, soups and appetizers set the stage for his stir fry.

He says, "Each chef has their unique approach to stir fry; spices they have come to appreciate, combinations they are happy with."

Chong knows that he is carrying on a great tradition at 967, and wishes Supatra well as she begins a new phase of her life.

He is determined to maintain the love of Thai food in our community.

PHI CHAY THAI CUISINE. 967 West Seventh, 651-222-5858. Hours: Monday-Thursday 11 am-8:30 pm, Friday-Saturday 11 am-9:30 pm, Closed Sunday.
February 29 is activated for the quadrennial celebration of leap years. It is earth's rotation around the sun in 365 years, 5 hours, 48 minutes, and 46 seconds. The oversight was noticeable early on; Julius Caesar introduced Leap Year in 46 B.C.E. But Pope Gregory XIII of Rome tweaked it in 1582, omitting five random years; like those divisible by 100. If you were born on this day, you could be called a “Slicer” or a “Leapster” or a “Leaper”. You’d be a “Leapling” or a “Leapday baby”.

KENT PETTerson, Columnist

The plants you may want to grow in this year's garden are not going to get into the how-to-details because that is too much for this column. There are lots of sources for reference, such as seed catalogs, line and in books at the library. The basic decision is, do you want to do early seeding or do indoors or outdoors? If indoors, February is the month to start some seeds. I will say, you need a sunny south facing window or grow lights to succeed with indoor seeding. Display racks of seed packets at local outlets or mail order catalogs are good sources of fresh seed. What is the information you need to know when to plant seed indoors? To determine the timing, you must start at the date you will plant out in the garden and work backward.

Until you gain experience, use the information on the back of the seed packet for the plant you want to grow for recommendations. Most packets provide information for days to germination from planting and days to transplant age. Plants that are not hardy and must not be exposed to freezing should be planted no earlier than May 15 unless you have special freeze protection. Plants growing indoors need to “harden off” for their life outdoors and this should be planned for one week. Time frame for germination to grow transplanting and damaged seed must also be subtracted to get the date you seed indoors. Another way to approximate the time to seed is to say cold weather plants from the cole family such as broccoli and cabbage should be started approximately March. There is so much fun and satisfaction in the garden when you grow your own food. You might miss a time for seeding plants indoors, you can always fall back on seeding outdoors for many of the plants. That can be started, as the seed packet will say, as soon as the soil can be worked. Good luck!

If you were born on this day, you could be called a “Slicer” or a “Leapster” or a “Leaper”. You’d be a “Leapling” or a “Leapday baby”. It is Leap Year. February is 28 days long. Leap Year is a year that has 29 days. A “leap day” is an extra day that occurs every four years. In a leap year, February has 29 days instead of 28. The extra day is added to keep the calendar in alignment with the Earth’s revolution around the Sun. A non-leap year has 365 days. Every four years, an extra day is added to February to make it 29 days long. This extra day is called February 29, or Leap Day. Leap Year is a year that has 29 days. A “leap day” is an extra day that occurs every four years. In a leap year, February has 29 days instead of 28. The extra day is added to keep the calendar in alignment with the Earth’s revolution around the Sun. A non-leap year has 365 days. Every four years, an extra day is added to February to make it 29 days long. This extra day is called February 29, or Leap Day. The basic decision is, do you want to do early seeding or do indoors or outdoors? If indoors, February is the month to start some seeds. I will say, you need a sunny south facing window or grow lights to succeed with indoor seeding. Display racks of seed packets at local outlets or mail order catalogs are good sources of fresh seed. What is the information you need to know when to plant seed indoors? To determine the timing, you must start at the date you will plant out in the garden and work backward. Until you gain experience, use the information on the back of the seed packet for the plant you want to grow for recommendations. Most packets provide information for days to germination from planting and days to transplant age. Plants that are not hardy and must not be exposed to freezing should be planted no earlier than May 15 unless you have special freeze protection. Plants growing indoors need to “harden off” for their life outdoors and this should be planned for one week. Time frame for germination to grow transplanting and damaged seed must also be subtracted to get the date you seed indoors. Another way to approximate the time to seed is to say cold weather plants from the cole family such as broccoli and cabbage should be started approximately March. There is so much fun and satisfaction in the garden when you grow your own food. You might miss a time for seeding plants indoors, you can always fall back on seeding outdoors for many of the plants. That can be started, as the seed packet will say, as soon as the soil can be worked. Good luck!

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We also support hosting a Be SMART presentation.

We need to hear from all the gun sense Senators as they start their first day of Minnesota’s Representatives and St Paul’s Representatives.

When the Domestic Violence Surrender law.

We are presenting at schools, churches and community centers around St. Paul in the coming months. Please consider attending or hosting a Be SMART presentation.

Be SMART is a program to educate kids about guns in their parent’s home. This law would ease that risk.

- Develop community and law enforcement solutions: We support gun violence intervention programs such as those recently funded by the city of St. Paul, and we urge law enforcement to enforce existing laws, support a gun storage and the Domestic Violence Surrender law.

My work to end gun violence in Minnesota has taught me that we all care about our community. I know there is more that brings us together than that separates us, and that we all need to hear our neighbors. It starts with conversations with the people we care about and the commitment to make a better world for our children. Please join us.

- St Paul Chapter Meeting: Saturday, February 8, 10:30 – 12 noon at Rondo library community room.

- Welcome Back to the Capitol event: Tuesday, February 11, 10:30 a.m. Come and give a loud Welcome Back to Minnesota’s Representatives and Senators as we mark our first day of the 2020 session. From day one, they need to hear from all the gun sense voices across our state.

Mart Broek is a founding member of the Minnesota chapter of Moms Demand Action for Gun Sense in America. She lives with her family in the Little Bohemia Neighborhood.

MINN COMPASS, PG 5

MN Compass also offers an interpretation and analysis, using data to illuminate trends and major issues. Recent offerings (all available on its website) have included “No car and too far: Transportation solutions for vulnerable populations in greater Minnesota,” “Manufacturing in Minnesota: four things to know,” “These questions about internet access in greater Minnesota answered,” “Minnesota is growing. How are we growing and how much?” “Minnesota’s workforce shortage.”

- Important trends are identified and discussed. A “Notable increase in adult obesity” shows a slow but significant growth in overweight adults in Minnesota, tracked over an eight-year period. “Updated indicators of early childhood development in Minnesota’s reports on the 2018 Minnesota Early Childhood Panel, Reach, and Read project, allowing us to explore county-level data on 12 economic, family stability, and health measures of risks to the well being of young children, and coverage of 13 publicly funded programs serving the early learning, health, and basic needs of young children. A new Racial Equity Resource Directory provides a statewide listing of racial equity programs and training providers serving faith communities, civic organizations, educational institutions, and anyone working to combat racism and increase cultural competence. See minnrecon.org/directory/resource-directory.

- Minnesota’s Cultural Communities At-a-Glance gives us information about the rich mixture of race, ancestry, birthplace, and parental characteristics that comprise our Minnesota community, including residents who have come from Mexican, Hmong, Somali, Asian Indian, Chinese, Vietnamese, Korean, Ethiopian, Filipino, Lao, Liberian, and Puerto Rican cultural communities. With clearer information on cultural identification, we can better understand the composition of people who call Minnesota their home and the different contributions they make to our state’s workforce, economy, and social fabric. Minnesota Compass is one of the premier resources for understanding and acting on the issues in society today. Explore the possibilities at minncompass.org.
FEB ENTERTAINMENT

RIVERSIDE HITMEN FEB 1, 8:30 PM

MIDAS TOUCH 7:30PM: FEB 6,13, 20
8:30PM: FEB 7-8, 14-15, 21-22

JOYANN PARKER FEB 19, 7PM

LINDSAY PEDALTY QUARTET FEB 27, 7:30PM

RIVERSIDE ALL STARS FEB 28-29, 8:30PM

KARAOKE EVERY TUE 7:30PM WITH BOOK OF MATTHEW

YOU’RE INVITED! ANNUAL MEETING

Thursday, February 20, 4:30 - 6:30 pm
The Rathskeller | 882 West 7th Street
[Parking in the lot by the billboards]

Special Presentation: Cyber Security
by Mike Schak, North Start NP/Focalgate

Community Enhancement Awards
Election of Directors
Joint Transit Task Force Report
Southwest Business Coalition Report
Refreshments

WEST SEVENTH BUSINESS ASSOCIATION
W7BA.ORG

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MON-THU T1M-8:30PM FRI-SAT T1M-9:30PM
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OUR FOOD WILL COMFORT & NOURISH!

5.35%

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Get ready to celebrate with our
Great Rate on Boat Loans!

BankCherokee
Contact Us Today, rate available until March 31st!
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75.35% APR is available on new boat loans (model years 2019 & 2020) up to 100% LTV (loan to value) for a 72-month term. 25% down required. The maximum loan amount is $200,000. Rates subject to change and are not guaranteed. Rates are subject to change without notice on March 31, 2020. Rates for other terms and older boats vary and may be higher. Other restrictions may apply.

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