

# Community REPORTER

SERVING WEST END NEIGHBORHOODS, DOWNTOWN ST. PAUL TO FORT SNELLING, SINCE 1970



FALL BULBS  
Page 6

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CIRCULATION 13,000

## Fighting for our community

**Hello West 7th Neighbors,**

I'm running for reelection and appreciate your support.

Along with constituent services, I've worked on projects that improve our community.

I was the principal author of the Neighborhood STAR Program—a tax funded project that shows tangible benefits such as Bad Weather Brewing, North Garden Theater, Keg & Case Market, Schmidt Rathskeller, Engine Co #3 rehab, Fire House #10 rehab and many others.

I secured state bonding monies to stabilize the Mississippi River bank for new housing developments along Shepard Road, and also to build the Higher Ground Opportunity Center serving homeless and unsheltered people. This also resulted in the relocation and reconstruction of the new Saint Paul Regional Labor Center on West 7th. I helped find state monies to improve the RiverCentre complex that brings much economic activities to local businesses.

I advocated for upgrading State Highway 5 (West 7th Street) and for protecting neighborhood quality of life by resisting efforts to eliminate the posted 45 MPH speed limit on 35E (which would increase local noise levels).

I have taken leading roles in supporting universal preschool education, public education and higher education. I was the lead author on the Women's Economic Security Act. I was a major actor in recent efforts to stabilize and strengthen pensions for state employees.

I advocate strongly for women's equality, reproductive health, support for immigrants and the poor.

I'm a strong supporter of working people and their right to form unions. I've been working to require paid sick and safe time, paid family leave and to set up a semi-public pension system for low-wage workers.

As an avid environmentalist (and biker/hiker), I am working on divesting our state pension funds from fossil fuels, investing in renewable energy sources and preserving and developing our magnificent riverfront.

We've accomplished a lot but there is still so much to do.

There are still people homeless, and we lack enough affordable housing. I support at minimum \$200 million in infrastructure bonds for both multi-family housing and to support homeownership. I have played a role in supporting great urban facilities—the CHS baseball field, the Science Museum, the Children's Museum, Saint Paul RiverCentre, the Wellstone Center, the Allianz Soccer Field, to name a few—but our downtown lacks the vitality of small businesses and we need to rethink how our YMCA Community Center can meet the needs of our youth.

After the killing of George Floyd, we saw peaceful demonstrations, but also civil unrest and opportunity crimes. We need a reimagined police force that works



Sen. Sandy Pappas

COMMUNITY, PG 6



A billboard sponsored by Friends of W. 7th implores neighbors to vote.

## An Election Like No Other

Making Your Voice Heard on November 3

BY DAVID LAMB

### DEADLINE

While Minnesota state law allows absentee ballots to be requested until the day before the election, voters must register for them by October 19 to be sure they will have the opportunity to vote by mail. (In order to count, ballots must be postmarked by election day, November 3, and the Postal Service warned states in July that ballots must be requested at least 15 days before an election for it to ensure they will get to voters in time.) Request your absentee ballot today on the Minnesota Secretary of State's (SoS) website: [rb.gy/awtve6](https://rb.gy/awtve6).

If you plan to vote in person instead, find your polling place at [pollfinder.sos.state.mn.us](https://pollfinder.sos.state.mn.us) and pre-register ([rb.gy/3fe0km](https://rb.gy/3fe0km)) by October 14 to avoid waiting in unnecessary lines. As a U.S. citizen in Minnesota, as long as you are not currently serving a sentence for a felony conviction, you also have the right to register to vote in

person on election day. To do so you will need a state or tribal ID or other means of verification (full list of accepted proof-of-residence here: <https://rb.gy/awtve6>).

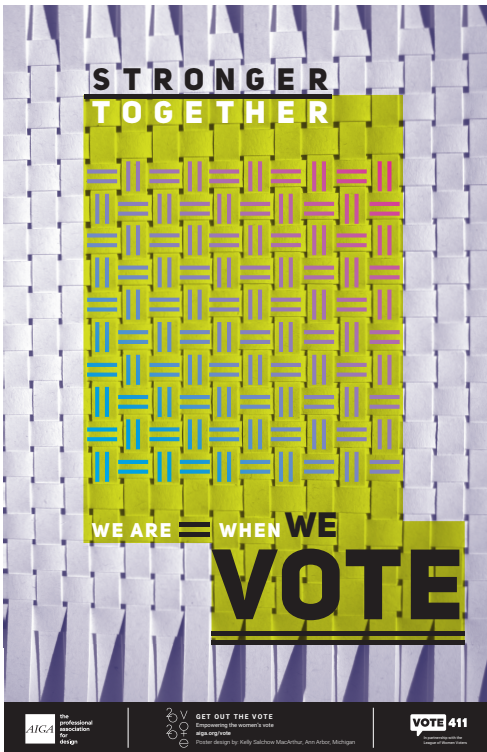
### GET INVOLVED

Because a majority of poll workers in recent elections have been ages 61 and older, according to a Pew Research Analysis, a group at higher risk for succumbing to COVID-19, Minnesota's SoS Steve Simon is seeking new poll workers across the state. Minnesotans as young as 16-years-old are eligible to become election judge trainees. All workers are paid temporary employees and will be provided personal protective equipment. Multilingual applicants are especially in demand. Ramsey county residents may apply here: [rb.gy/wca3i8](https://rb.gy/wca3i8).

### THE RACES

Decided by less than 50,000 votes in 2016, the U.S. presidential race is more hotly

ELECTION, PG 6



## neighbors speak OUT

## United Family Medicine Clinic Leadership Severs Ties With Residency Program, Displacing 34 of 35 UFM Doctors

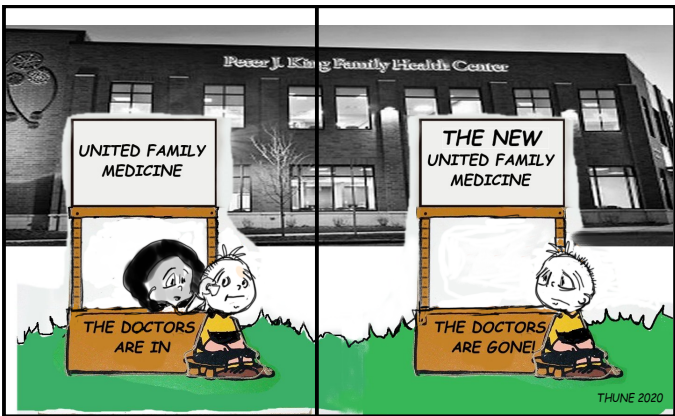
Less than a year into their roles, the CEO and board chair of the United Family Medicine clinic (UFM) have initiated action to sever the clinic's relationship with Allina Health, eliminating the partnership that has brought comprehensive health services to our community. This action has resulted in the UFM Residency Program (an Allina Health program) planning to leave the clinic and UFM drastically reducing its physician staff—from the 13 current doctors and 21 family medicine residents (all MDs who currently see UFM patients) to 3-5 staff physicians.

What is left of UFM will lack programs that have until now been at the center of its work. While the clinic will continue to provide maternity care, its physicians will no longer follow patients into the hospital to deliver babies. Though the clinic will continue to serve the geriatric population, it will do so without its two geriatric specialists, who are departing. Likewise, if UFM's mental health and addiction programs continue, it would be without the physicians who led its innovative four-year effort to treat substance use disorders. In fact, all but one of the current physicians are leaving UFM with the residency program, fracturing continuity in patient care.

**"On behalf of our community and as neighbors or patients of the clinic ourselves, we declare 'no confidence' in the current leadership of UFM."**

Why make such drastic changes, after 27 years of a successful partnership between UFM, United Hospital and Allina Health? UFM is financially sound, operating in the black, with net revenue over expenses of nearly \$500,000 in 2019. And why make these changes under the cover of COVID-19, when all physicians were furloughed? And why are exams being limited to 20 minutes, insufficient time to deal with complex medical issues, geriatric patients and other individualized patient needs?

In 2004, it was with the support of a community-based advisory board and the blessing of Allina Health that UFM evolved from its status as a United Hospital-then-Allina Health clinic to become an independent, community-based clinic. With the leadership of then-CEO Jeannie Bailey; the support of Allina Health, the West 7th community, the City of St. Paul, and the United Hospital Foundation; generous gifts from the Peter J. King Foundation and McGough Construction; and donations from patients and community members, UFM found financial backing to build its new clinic. When it fell short of its fundraising goals, Allina Health's contributions made up the difference. In 2009, UFM finally opened the doors of its new, \$14 million location at Randolph and West 7th, where it remains today. In 2012, UFM became accredited as a



Federally Qualified Health Center, to the benefit of all area community members seeking a medical home.

Last year, changes began in earnest when two UFM patient representatives (including the board chair) were removed from the UFM board of directors, as were the three resident physicians, with UFM leaders citing a "conflict of interest" in each case. (A recent site visit from the Health Services and Resources Administration, a federal regulator, had required UFM to revise its structure so that its chief medical officer would be a UFM employee rather than one "leased" from Allina Health, as all of the clinic's resident physicians are. UFM leadership generalized that determination to conclude it was a conflict for any Allina Health employee to be involved in the clinic's leadership.)

Then, just weeks after UFM's CEO, Ann Nyakundi, came on board as interim chief executive in October 2019, she described

UFM IN CRISIS, PG 2



COUNCIL PERSPECTIVES



REBECCA NOECKER  
CITY COUNCIL  
MEMBER, WARD 2  
columnist

Building our budget

Every day, I receive dozens of constituent emails and phone calls on topics ranging from potholes to policing. These messages give me creative ideas for new policies, challenge my thinking about how we're doing things now, and prompt me to learn more about how city departments work so I can better serve my constituents.

But on one subject, I don't hear nearly as much as I'd like to. That subject is our annual budget, which is proposed by the mayor each August, discussed by the council throughout the fall, and finalized by a council vote in early December.

I understand why people choose not to engage in this process. The city budget is complicated and intimidating. It's hard to grasp a \$627 million budget divided into a \$319.5 million general fund, \$250 million in special funds and a \$58 million debt fund. And you're unlikely to take the time to send a letter or make a phone call if you don't feel informed.

At the same time, setting our budget is arguably the most important work we do all year and now is the time when we most need your input. Everything we want for our communities—more out-of-school time activities for young people, better maintenance of our parks and roads, new approaches to public safety, affordable housing—requires money. If you want to see changes in the city in the year ahead, sharing your input during the budget-setting process is critical.

That's especially true this year. Additional spending and decreased revenues due to COVID-19 have contributed to a \$19 million gap in St. Paul's 2021 budget. Recognizing that families and businesses throughout our city are struggling more now than ever, we have committed to a 0 percent levy increase, meaning the city will bring in no more dollars in 2021 than we did this year. (Your individual property taxes will increase or decrease depending on your property's value and how it's changed relative to other properties in the city).

The mayor has proposed to fill the budget gap by leaving vacancies open in all City departments, rather than hiring new staff to fill those positions, and by reducing department budgets. This will mean cuts to recreation center and library hours and programs, and fewer police officers, building inspectors and traffic engineers. These are not easy choices, which is why your thoughtful feedback is important now more than ever.

There are a number of ways to get up to speed on the budget, even for those like me who struggled in math class. On the city's budget webpage at [stpaul.gov/budget](http://stpaul.gov/budget), you can see full details of the 2021 budget proposal, as well as budgets for each year going back to 2014. You can also watch the city council budget meetings online on Wednesday mornings from 10 am – 11:30 am ([stpaul.legistar.com/Calendar.aspx](http://stpaul.legistar.com/Calendar.aspx)).

You don't need to be a financial whiz to give budget feedback. It's often said that a budget is a moral document, reflecting our values as a community as much as dollars and cents. We need to hear what you care about, what programs or services are most important to you, and what role you think government should play in our society. Those thoughts are more valuable than a line-by-line fiscal analysis.

It's also important to share what you value less. Like all budgets, ours involves trade-offs. In a year like this, when we're bringing in no new dollars, spending more

BUDGET, PG 7

Community REPORTER

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Editorials & Opinions

The letters, opinions, and editorials expressed on this page do not necessarily reflect the views of the Board of Directors of this newspaper or any of our advertisers or sponsors.

Your involvement is requested

As a nonprofit organization we are governed by a Board of Directors, and we have openings for community members to join. We encourage your involvement in the creative side of things. We have correspondents, reporters, reviewers and general writers involved. You can write a letter to the editor on a topic we have written about, or in response to one of our columnists, or a longer "Neighbors Speak Out" piece.

You can also contribute story ideas: We aim to cover a wide range of interesting areas in the neighborhood. Your ideas for stories and topics are always welcome. Discuss the many possibilities with the Editor. Leave a voice message at 651-665-0068, or e-mail [editor@communityreporter.org](mailto:editor@communityreporter.org).

-- David Lamb, Editor, Community Reporter



WEST END HEALTHLINE

Beyond Counting Sheep: Why it's important, how to sleep better

**BY EMILY FRIEDRICHSEN, MD**  
As we find ourselves in the middle of a pandemic, our daily routines are significantly disrupted and our anxiety levels are high. Getting enough quality sleep is tough in our society in the best of times, and it can be even harder in these times of uncertainty. However, establishing routines to improve sleep is important to improve wellbeing, decrease stress and boost the immune system. Studies have shown that people who get more sleep have decreased levels of stress and a better mood. High levels of anxiety can make it difficult to sleep because anxiety causes increased activity of the sympathetic nervous system - also known as the "fight or flight" response. Getting good sleep can improve the immune system. We don't know yet how sleep might affect COVID-19, but getting good sleep prepares our body to fight off other infections, so it is likely that it will help with this infection as well. So, with all the good things that sleep does for our bodies, how do we get better sleep? Routines we have surrounding sleep affect sleep quality and quantity. Several

important features to creating a good bedtime routine are listed below.  
**Schedule a set bedtime and a set wake-up time.** Being consistent with your bedtime and wake-up even on weekends and during unusual times like this helps your body to learn when to expect sleep and makes the waking to sleeping transition easier.  
**Remove all screens from the bedroom.** The blue light from screens like cell phones, tablets and TVs tricks our brains into thinking that it is still day time and prevents our brains from making the sleep hormone, melatonin. Try reading, coloring, meditation or quiet conversation to fill that time.  
**Get at least 30 minutes of exercise that increases your heart rate every day.** Try walking, jogging or home work-out videos while the gyms are closed. This helps both your muscles and brain feel tired when bedtime comes, and also reduces anxiety.  
**Get sunlight during the day, especially in the early morning hours.** This helps set your sleep hormones and trains your brain that day time is for being awake and night time is for being asleep.  
**Avoid any caffeine after 3pm.** The effects can last in the body for at least 6



hours, even if you've stopped feeling them.  
**If you can't fall asleep, you should get out of bed,** move to another room and do another quiet, non-screen-based activity until you feel sleepy. Once you feel sleepy, try laying down again. Don't try to lay in bed to fall asleep for more than 20-30 minutes.  
**Try a deep breathing exercise every night** prior to falling asleep to help quiet your fight or flight mode, especially if you are feeling anxious. Breathe in for 4 counts, hold for 7 counts and breathe out for 8 counts. Repeat at least 3 times or until you feel calmer. This helps to stop the fight or flight response. While sticking to routines can be challenging in a time where all of our other routines are disrupted, working hard to stick to a sleep routine can help provide structure for the rest of the day, decrease anxiety and improve physical well-being. I encourage you to try these tips and watch your sleep improve!



FEDERATIONUPDATE  
974 West 7th [fortroadfederation.org](http://fortroadfederation.org)

**BOARD UPDATE**  
At the Sept. 14 meeting, the Board voted to support parking variance application at 928 West 7th Street, Keg and Case Market the variance application. Use of the outdoor space creates opportunities for people to safely share an experience at a distance, which is critically important to the community, individuals' mental health and makes it possible for tenants to remain in business during this time.  
**UPCOMING MEETINGS, ON ZOOM**  
Details and log-in info at [www.fortroadfederation.org/calendar](http://www.fortroadfederation.org/calendar)

• **National Night Out** on a block near you! Tuesday, Oct 6 in the evening  
• **Transportation and Land Use Committee** - Wed, Oct 7, 6:30pm  
• **Board Meeting** - Mon, Oct 12, 7pm  
• **Community Engagement Committee** - Thu, Oct 15, 6:30pm  
**STAY IN TOUCH**  
"Like" us on Facebook. Subscribe to its e-newsletter [fortroadfederation.org](http://fortroadfederation.org).  
**CONTACT**  
Emily Northey, FRF executive director  
+ community organizer 651-298-5599;  
[emily@fortroadfederation.org](mailto:emily@fortroadfederation.org); 882

WHOLE WIDE WORLD WEST 7TH PUBLIC LIBRARY

**BY CATE SERING, LIBRARY MANAGER**  
As part of a cautious, phased approach to safely opening its doors, the West 7th Library is now offering Library Express services. The West 7th community has made our library a very special place, and we feel incredibly lucky to connect with you and provide resources again. West 7th Library is now open Mondays 1-7:30pm and Thursdays 10am-4pm. With Library Express, come for a quick visit to pick up your reserved items, find books, movies and music to check out or to use our express printing services. Because your health and safety are important to us, we are limiting the number of visitors, and everyone must

wear a mask and stay 6 feet apart. Our express printing services include 15-minute computer access and the ability to print using cash or change. Need more computer time? Call 651-266-7000 to make a one-hour appointment at Hayden Heights Library, Rice Street Library or Riverview Library. If you need help searching or applying for jobs, career training, or connecting with work-related resources, Career Lab appointments are available at Dayton's Bluff Library, Rice Street Library, Rondo Library, and Sun Ray Library. Call 651-793-1699 to schedule an appointment. For other locations, hours, and more info, visit [sppl.org/libraryexpress/](http://sppl.org/libraryexpress/)

UFM IN CRISIS, PG 1

to medical staff the "need for change" and "independence," which included rebranding and extricating the clinic from its relationship with United Hospital and Allina Health. Communications between clinic leadership and medical staff, already tense, continued to deteriorate. Under the guise of COVID-19, all physicians were furloughed in March—barred from even telemedicine patient visits—despite that Allina Health was willing to pay physicians to maintain clinic presence during the nascent pandemic. There was no communication with patients or the community regarding changes in clinic or physician services. Many patients entered the clinic thinking that they were going to see their primary care physician, only to discover that they were seeing someone else. Physician email accounts were deactivated for several weeks, and residents who raised concerns about patient care were reprimanded and silenced. When the physicians returned to the clinic in mid-July, they discovered that its leadership had chosen to prioritize expanding offices and dental services over providing needed workspace and resources for the resident physicians. Residents found their files and belongings, left behind in the spaces designed and built for their work, packed into boxes. One area of the clinic that is required for the education of resident physicians by the Accreditation Council for Graduate Medical Examination was taken over by the administration.

On behalf of our community, and as neighbors or patients of the clinic ourselves, we declare "no confidence" in the current leadership of the UFM clinic. We call first for explanations. Ultimately, we believe the only long-term solution for serving our community's needs involves the removal of the CEO and board chair, and the return of our doctors and the residency program. Unfortunately, given UFM's structure as a self-perpetuating non-profit whose board is not elected, we see no mechanism for such positive change. We are proud of how the partnership between Allina Health's UFM Residency program and UFM has built a thriving, vital institution in our region, serving more than 15,000 patients in 2019, 2,100 of them in a language other than English. The partnership has provided top-notch care to patients across our community, with 43 percent of those treated last year living below the Federal Poverty Rate and 51 percent being people of color. We ask for your feedback and your ideas at [Facebook.com/SaveUnitedFamilyMedicine](https://Facebook.com/SaveUnitedFamilyMedicine)

UFM IN CRISIS, PG 3



# Community News & Events



## Keystone Spaghetti Dinner Postponed

Diners enjoying 2019's event, which Keystone plans to bring back next year assuming it can do so safely.

Like many other events impacted by the COVID-19 pandemic, so too is the annual Spaghetti Dinner normally held at the West 7th Community Center. We know this event is a favorite fall tradition for so many people in our community, and we will miss seeing you all this fall. We are hopeful we can gather over a plate of spaghetti again in 2021! For information about what is happening at Keystone, check out the column on page 6 highlighting other news or visit [www.keystoneservices.org](http://www.keystoneservices.org).

### JOSEPH'S COAT REOPENS

A no-cost store providing clothing, personal and household items to those in need, Joseph's Coat reopened September 15, after a hiatus in which the nonprofit evaluated how to best serve its mission in the midst of the pandemic. To be in compliance with Governor Walz' Stay Safe MN order, shopping and donating will be by appointment only. Call 651-291-2472 Monday–Thursday 9am–4pm to schedule

your appointment. Please check their website for links to details about the new donation and shopping processes.

### BIKING AND WALKING TEAM VIRTUAL MEETING

In partnership with the Bicycle Alliance of Minnesota and the American Heart Association, the Biking and Walking Team will be hosting a Zoom meeting Oct. 15, 6pm. Participants will learn about the Connected

Ramsey Communities Network and may provide input on how the plans impact biking and walking in their neighborhoods. Register here: <https://rb.gy/oudiwd>

### VIRTUAL READING AND Q&A ABOUT RAISING A CHILD WITH SCHIZOPHRENIA

Mindy Greiling, a former Minnesota state representative, will host a virtual launch event with the Humphrey School of Public Affairs Thursday, Oct. 8, 1pm. She will read passages and discuss her book, *Fix What You Can: Schizophrenia and a Lawmaker's Fight for Her Son*. To register: [zumn.edu/greiling-launch](http://zumn.edu/greiling-launch). The Q&A will be moderated by Sue Abderholden, executive director for NAMI Minnesota (National Alliance on Mental Illness). Humphrey School Dean Laura Bloomberg will offer introductory remarks. Jill West, chief executive officer of People Incorporated Mental Health Services, will also provide brief comments. Signed books are available for purchase through partner bookseller, University of Minnesota Bookstores.

### "PATIENT NATURE" EXHIBIT AT THE WATERMARK

A group exhibit was created in memory of area artist and photographer Joyce Kleven (1949-2019) who was well known for her images of Northern Minnesota flora, fauna and landscapes. Photographers were asked to submit work depicting birdlife in any form to the categories of Professional, Amateur, Youth or a special fourth category "Birds, Bees & Butterflies—Bemidji" reserved for images of native pollinators interacting with plants native to our area. The exhibit will run through Oct. 31 at the Watermark Art Center in Bemidji, which is free and open to the public.

### KNIGHT FOUNDATION HIGHLIGHTS DISPARITIES

The new study shows that only 73 percent of St. Paul residents of color feel they have easy access to quality job opportunities versus 85 percent of white residents. This is much wider than the national gap of 60 versus 65 percent respectively. Likewise, only 70 percent of residents of color reported easy access to safe places to live, work and play versus 89 percent of white residents, a divide that is also deeper than the national average. Explore the study and its findings here: [rb.gy/gmmdtb](http://rb.gy/gmmdtb).

## Editor's Note

by Jerry Rothstein  
Administrative Director

There is a storm brewing at one of the West End's most important organizations, United Family Medicine, as revealed in the community letter published in this issue.

UFM has been a "learning organization" since it formed its Family Practice Residency Program in 1993 as an evolution of several community health clinics working with United Hospital, itself the amalgamation of several former community hospitals.

Learning organizations, as conceived by Peter Senge and his colleagues (see *The Fifth Discipline*, 1990), work toward a common goal through a continuous process of thinking holistically, supporting individual development and mastery of a field, learning as a team and sharing and enhancing the vision and purpose that first brought them together.

Those efforts at UFM created our superb health center, and showed year after year its intention to grow into areas where changing needs for care emerged more clearly because people were open to see them. In nutrition, smoking cessation, diabetes management, obstetrics, geriatrics, mental health, support for chemical dependencies and dentistry, UFM worked on the elements that could truly comprise care for the whole person.

The Residency Program for family practice physicians



attended to both national; and local needs. Our country has a continuing shortage of family practice physicians (estimated to be 25,000 to 50,000 by the year 2032) willing and devoted to providing care in poor and underserved populations and in rural areas. The UFM three-year program has become

known for both its quality of learning and for the opportunity its Residents have had to make a difference outside the examination room, in their wider community.

The UFM mission — **To Serve and To Teach** — captures much more than the education of Family Practice Residents because it is through the Residency that UFM has been able to connect with and teach the community itself. Residents developed and carried out such powerful programs as The Ladder, Healthy West Seventh and We Are West Seventh, welcoming members of the community to be involved, even leaders, of activities that are themselves bringers of health.

Service and Teaching can be seen as the heart and soul of UFM. The community is grieving the imminent loss of UFM's soul. Service and Teaching can be seen as the heart and soul of UFM. The community is grieving the imminent loss of its unified center, but hoping that the new UFM Residency Program and Clinic, emerging with the support of Allina Health, will restore that unity and continue to serve the health needs of the community.

UFM board member), Kim Hyers (most recent former UFM board president), Dan Kueny, Diane Gerth, Ann Kueny, Marit and Tom Brock, Erin Thune, Julene Maruska, Marisha Chamberlain, Sharon Lynch, Marcelino Puente

\*\*\*\*

UFM, reached by the Community Reporter for comment, wrote, "At no time did United Family Medicine or any representative of UFM indicate a decision or a desire to extricate the clinic from its relationship with United Hospital and Allina Health."

Its representative characterized recent modifications as "changes that have occurred to the facilities to meet federal requirements" and took issue with how those developments as well as resident furloughs were framed. She declined an offer to elaborate on the organization's perspective in a letter for publication in the newspaper.

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### UFM IN CRISIS, PG 2

for how we can support a program that continues to serve St. Paul.

The following community stakeholders, many of them UFM patients and former board members, have signed this statement:

Becky and John Yust, Andrea and John Marboe (Andrea was UFM board president, 2005-10), Sue and Dave Thune, Dave Bredemus, Betty Moran, Walt Wietzke, Dennis Morgan, Ann Schroeder (former UFM board member), Sean Kershaw, Dave Wickiser (former

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FOOD & DRINK SPECIALS  
DURING VIKING GAMES  
**HEATED PATIO FOR CHILLY FALL DAYS!**



# Building a Non-racist Community

## Audacity Revisited

BY DEBORAH PADGETT

George Floyd's killing, Elijah Cummings' and John Lewis's deaths have left me humbled, helpless and grief stricken. I cannot be silent because silence is complicity. But it is the Black voices we need to hear! Is there a role for me in drawing attention to these voices? I am listening to them and reading their stories, poems and essays. I want to move away from all the ways I am complicit in the oppression of others. In my teens and early twenties, when the Civil Rights Movement was opening eyes to the oppression and inequality imposed upon Black Americans, James Baldwin's voice helped to awaken and educate me.

In a *Newsweek* article in November, 2018, Mary Kay Schilling quoted James Baldwin's *Notes of a Native Son* in which he described America as having a "depthless alienation from oneself and one's people," and not "the faintest desire to look back." But the past, he went on, "is all that makes the present coherent, and further, the past will remain horrible for exactly as long as we refuse to assess it honestly."

Schilling says, "These aren't black problems; they are the problems of a nation." As Baldwin also wrote, no one in America escapes the effects of racism, "and everyone in America bears some responsibility for it." Schilling points out that, more than six decades later, Bryan Stevenson, the prominent civil rights activist and author of *Just Mercy*, is making the same argument as Baldwin. Stevenson has spent decades representing clients wrongly convicted and excessively punished. The stories he tells of ongoing injustice, torture and cruelty reveal our broken criminal justice system and scream the need for healing and reform. In Ta-Nehesi Coates' powerful essay "The Case for Reparations," he argues for that need and the potential healing could offer. "Reparations—by which I mean the full acceptance of our collective biography and its consequences—is the price we must pay," he writes, "to see ourselves squarely... More important than any single check cut to any African American, the payment of reparations would represent America's maturation out of the childhood myth of its innocence into a wisdom worthy of its founders."

The idea of reparations has often been ridiculed or dismissed as ludicrous. Coates says, "The popular mocking of reparations as a harebrained scheme authored by wild-



Lana Rigsby and Michael Ray Charles's design, a tribute to the late George Floyd, for the American Institute of Graphic Arts' 2020 "Get out the vote" campaign.

eyed lefties and intellectually unserious Black nationalists is fear masquerading as laughter. Black nationalists have always perceived something unmentionable about America that integrationists dare not acknowledge—that white supremacy is not merely the work of hotheaded demagogues, or a matter of false consciousness, but a force so fundamental to America that it is difficult to imagine the country without it. And so, we must imagine a new country."

He poses the question, "Won't reparations divide us? Not any more than we are already divided. The wealth gap merely puts a number on something we feel but cannot say—that American prosperity was ill-gotten and selective in its distribution... What is needed is a healing of the American psyche and the banishment of white guilt." Coates believes we have a legislative mea-

sure before us that has long been worthy of consideration. "A country curious about how reparations might actually work has an easy solution in Conyers's bill, now called HR 40, the Commission to Study Reparation Proposals for African Americans Act. We would support this bill, submit the question to study, and then assess the possible solutions."

Conyers first introduced HR 40 more than two decades ago. It has been introduced repeatedly over the years, with Rep. Sheila Jackson Lee (D-TX-18) introducing it this past January to the House Judiciary Committee. As recently as August 7 the bill had 142 sponsors in Congress, but it has never made it past introduction to committee.

Senator Kamala Harris, a co-sponsor of HR 40, was asked her take on reparations during a March 2019 interview on NPR's *Morning Edition*. "[T]he term reparations, it means different things to different people," she said. "But what I mean by it is that we need to study the effects of generations of discrimination and institutional racism and determine what can be done, in terms of intervention, to correct course."

Dare we take up the audacious mantle of hope in the light of increased awareness and new national leadership? Can we get into some Congressman John Lewis style "good trouble" and give HR 40 the consideration it deserves? It seems it takes decades beyond centuries to learn to do better. As Maya Angelou famously said, "Do the best you can until you know better. Then, when you know better, do better."

## Denial or Repair

BY TIM JOHNSON

Retired Pastor, Cherokee Park United Church

[Editor's Note: This is the eighth article in Tim Johnson's series on racism. Comments and insights are welcome: send to editor@communityreporter.org.]

It was tempting to ignore the problem. I was cleaning out the gutters, which itself presents a challenge I would prefer to ignore. Looking up, I noticed the overhang from our roof, otherwise known as the soffit, was coming loose in one spot. A gap of an inch to two inches stretched about 6 feet right at the edge where the soffit meets the roof. I immediately had a sinking feeling, wishing that I had not seen what I just saw. I held off a for a couple days before mentioning it to my wife, at which point we agreed the situation could no more be ignored than we can ignore pot holes on our city streets. There is something about naming a problem and sharing it with someone else that makes it harder to avoid, minimize or pretend it does not exist. Reluctantly we knew refusing to look up and face the growing gap in our soffit meant the problem would only get worse. It certainly would not go away by our denial.

Our house has a stucco exterior. When the stucco repair companies gave us their estimates, I again wished we could simply ignore the whole thing. That's the other part about facing problems; there is often a cost involved.

Given our very human tendency to minimize, avoid or straight up deny the most manageable problems, even in the face of all evidence, it should come as no surprise that addressing one as ingrained as racism often meets sharp resistance. Many of the same dynamics apply as they do in our personal lives. Philando Castile is shot because a police officer is fearful of a young Black man. It is easier and less costly to look the other way rather than seeing this as evidence of a deeper problem. George Floyd's breath slips from his body as officer Chauvin keeps his knee on Floyd's neck for 8 minutes and 46 seconds. In spite of many other similar incidents now captured on video, the nation's Attorney General, William Barr, continues insisting

there is no systemic racism within our police forces. If you refuse to acknowledge a problem, there is no need to address the problem.

It would be easier for the rest of us if we could simply say systemic racism is confined to our police forces, but that is a bit like pointing out the gap in our neighbor's soffit while refusing to look at the huge chunk of stucco hanging precariously from our own house. If we are to truly address the racism threatening the integrity and structure of our respective homes, then places of worship, businesses (small and large), fields of education, medicine, media, and the most basic local expressions of our common life have to look honestly at the problems and challenges we face with racism.

In his book *Begin Again*, Eddie Glaude Jr. lifts up the work and life of James Baldwin who insisted that an essential role in addressing racism in our nation and communities is to bear witness. Bearing witness never means passively observing and then standing silently on the sideline. Bearing witness is about telling the story, "making it real for those who refuse to believe that such a thing can happen/has happened/is happening here." Bearing witness means pointing up at the stucco hanging loose from the soffit and insisting it needs to be repaired. Bearing witness means refusing to deny or ignore the problem, knowing that to do so only makes matters worse. Bearing witness means accepting cost will be involved, because that is what repair requires.

It helps if the problem is shared and spoken out loud. I knew once I said something to my wife about the gap in our soffit, there was no turning back. This November 13 & 14, the Facilitating Racial Equity Collaborative (FREC) will be offering a venue for us to call out the problems in our midst, as it hosts its annual Overcoming Racism Conference. Eddie Glaude Jr. is the keynote presenter on Friday morning. Close to 50 workshops addressing racism are part of the afternoons. This year, because of COVID-19, the conference is virtual. It is a place for people to gather, name the hurdles and perpetrators of systemic racism and collectively bear witness as a first step toward repair. Registration begins on September 28. Information may be found at <https://overcomingracism.org/>. Join us.

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# In the Community

## New Investment Challenges Hard Times

BY JERRY ROTHSTEIN

The Bay Street Burger Dive, which opened in August at the former Bay Street Grill site, has become the latest in an 80-year history of food and drink enterprises on the spot.

In the teeth of the damage the COVID-19 pandemic has inflicted on our neighborhood businesses, three partners with deep roots in the Twin Cities restaurant industry have chosen the West End as the location of their latest Burger Dive site.

The roster of eateries in which owners Josh Thoma, Kevin Fitzgerald and chef-partner Nick O'Leary have been involved includes La Belle Vie, Barrio, Borough, Smack Shack, Travail and the fabulous revival of The Lexington.

Their Burger Dive concept launched in NE Minneapolis and added a location in the Potluck Food Hall in the Rosedale Mall. When they were ready to expand and the Bay Street location became available quite quickly, Kevin guided the partners to the choice of a place that he had loved to patronize—for its atmosphere, food, staff and neighborliness. They all agree that the West End is a great, still up-and-coming neighborhood, and they saw the modest size as more sustainable as we work our way through the pandemic.

Bay Street's long history and its survival is a testimony to the efforts of many owners to keep this friendly, comfortable spot going. When neighbors were upset by noise, disturbance and disrespect from customers, it took some time to address the situations, but in recent years community



The interior is warm and comfortable. Patio and sidewalk seating (right) are in place.



relations have been good. The new owners see caring for neighbors and building relationships as high goals, and will close the patio at 9 p.m.

Bay Street has had many clientele—its breakfasts attract third-shift workers from the hospitals; local families like the atmosphere and good, reasonably priced food.

Michaelann Gillis, the general manager, has a family history in the business, with grandparents owning a tavern and parents a neighborhood bar and grill, each in small Wisconsin towns. She loves the opportunity to meet and serve people, and thinks the environment at Bay Street is ideal for maintaining the neighborhood ambiance.

The Burger Dive model is grounded on freshly prepared, high-quality food. The burgers are not factory-produced but ground on-site from a mixture of rib-eye, chuck and brisket cuts. Franklin Street

Bakery provides the buns and breads. Sauces are made in-house. Breakfast is served daily from 8 a.m., with an 8 a.m. to 2 p.m. brunch on weekends. The tap list includes local favorites from Summit, Bad Weather, Urban Growler, Big Wood and others, and the Bay Street Bloody Mary remains as the favorite mixed drink.

They aim to provide a comfortable, relaxing atmosphere—and COVID-19 precautions are well in place—with excellent food and service at affordable prices. With three Happy Hours each day, they are on the path to that goal. Pull Tabs are returning on October 1, and plans for Meat Raffles and Trivia are in the works.

It's great to see the effort going in to making the Burger Dive a nourishing place for the neighborhood and beyond.

**BAY STREET BURGER DIVE**, 731 Randolph at Bay; 651-294-3240 // [www.burgerdivemn.com](http://www.burgerdivemn.com). Opens 8 a.m. daily.

## Father John Clay, 94, Nurtured Communities for Generations

BY DAVID LAMB

Pastor emeritus of St. Stanislaus Church, a Catholic parish in the Little Bohemia neighborhood, the Rev. John Calvert Clay guided and inspired thousands to embrace their faith and involve themselves in their communities. He passed away in his sleep on September 13 at the age of 94, in what was only his second year of retirement.

Born in Des Moines, Iowa, in 1926, Clay was raised in New Ulm, Minnesota. As early as grade school he admired the work of a young priest, and he knew it was his calling. By the age of 25 he was ordained. He served parishes in Minneapolis, Mound, Red Wing, Richfield, and St. Paul before settling at St. Stanislaus.

For 48 years, Clay was the community's leader, and his novel homilies about an



Father John Clay celebrated his retirement in 2019.

expansive idea of God attracted Catholics from across the metro area. An avid reader with an abundance of interests, he drew from a range of theologians in his sermons, bringing a level of accessibility to ideas that might otherwise seem arcane. He published reflections on his faith and life in four books: *Dear People Whom God Loves*, *Surrounded by Love*, *Awesome Love*, and *Mysterious Love*.

Beyond his work at St. Stanislaus, Clay partnered with St. Mark's Evangelical Lutheran Church across West 7th Street for events and outreach as well as with the West 7th Community Center. The center named Clay the winner of the David L. Sons Award in 2007 for his contributions to the community.

Clay is survived by his brother Robert as well as several nieces, nephews and other relatives. Funeral arrangements will

**FATHER CLAY, PG 6**

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## PETITION

**RECONSIDERATION of the RIVERVIEW CORRIDOR  
LOCALLY PREFERRED ALTERNATIVE (LPA)**

**WHEREAS**, the resolution adopting the LPA set December, 2020 as the time to "...reconvene to evaluate the technical and financial outlook for the Riverview Corridor project, to determine whether the chosen LPA is likely to become a reality by 2025 and make alternate plans if necessary,"

**And, WHEREAS**, there are many serious technical and financial problems with the LPA, making it unwise to proceed with the current LPA and making it impossible for an LPA to become a reality by 2025 and necessitating alternate plans;

**THEREFORE, WE**, the undersigned **CITIZENS OF ST PAUL** affirm the long-term importance of LRT and local bus service in the Riverview Corridor and hereby request that the Policy Advisory Committee of the Riverview Corridor Project vote to (i) halt further development of the current LPA; (ii) reconsider the LPA in light of the technical and financial problems and alternatives referenced above; and (iii) develop a new LPA that comprises both a local bus on West 7th Street and LRT on its own separate and dedicated right-of-way.



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Please include your name, phone number  
and mention CART Petition

*The West 7th Business Association is working with C.A.R.T., Citizen Advocates for Regional Transit, to assure that the present intention to use West Seventh Street as the transit corridor from downtown to the airport transit be reconsidered by The Riverview Corridor Policy Advisory Committee at its mandated December meeting.*



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# Community Nourishment



**HALLE O'FALVEY**  
columnist  
halleofalvey@gmail.com

robin's egg blue. And then I saw it. Smoke. I swear, my first glance out into the garden; soaring up on the railroad tie post that guards the vegetables. It wasn't smoke but gas that would exude out of the resident squirrel's butt. Its tail was up!!!! The air was still and clear, the smoke cloud hung barely a moment despite its 'long goodbye' fart roar. It got me thinking about humans, animals, digestion and farting, remembering the Minnesota Science Museum 2012 Exhibit 'Grossology' and 'Oh Yeah!' the Renaissance Festival's comedy team of Puck and Snot. Of all the mammals in the world, the bobcats have the

## BIRDS IN PARTICULAR Sound Scapes, Squirrels

The other morning, just after sunrise, I walked down the stairs to my urban country kitchen. I pulled back the Irish lace curtains I'd stitched up many years ago. The sky was a pure robin's egg blue. And then I saw it. Smoke. I swear, my first glance out into the garden; soaring up on the railroad tie post that guards the vegetables. It wasn't smoke but gas that would exude out of the resident squirrel's butt. Its tail was up!!!! The air was still and clear, the smoke cloud hung barely a moment despite its 'long goodbye' fart roar. It got me thinking about humans, animals, digestion and farting, remembering the Minnesota Science Museum 2012 Exhibit 'Grossology' and 'Oh Yeah!' the Renaissance Festival's comedy team of Puck and Snot. Of all the mammals in the world, the bobcats have the

stinkiest farts and they eat squirrels. That is beyond the pale of a skunk whose nickname is 'fart squirrel'. There is one mammal that does not fart at all: the sloth. As the slowest moving mammal in the world, its digestive track moves just as slow. Humanoids poop, respectively, once a day, whereas, the sloth poops once every 21 days. The most prolific farters are termites. Yes, they fart more than humans. Plus, they emit more methane, a greenhouse gas, than cars and cows. YIKES!!! In my research, I found out farts can be sending out messages to us humans. Listen and Learn, it's a British commercial for Colon Cancer: <https://rb.gy/dt0lgv> Here are my October jokes! What did the squirrel say when she had to decide whether to stay or jump? I'm really on the fence about this one. Because her daughter recently took over the homestead, and momma didn't know where she was going to nest, it was near autumn and most of



**KENT PETERSON**  
columnist

Early October is a perfect time to think about planting some of those fabulous spring flowering bulbs. I have planted Asiatic Lilies as late as November through a light snow. That wasn't fun, so try to avoid that situation. You could still transplant Peony and Iris. They are actually tubers and rhizomes not bulbs. Be careful with pruning, as you don't want to encourage any new growth if the weather stays warm.

## GARDEN VIEWS Time to Think About Flowering Spring Bulbs

Fall is a perfect time to think about next years garden and getting some of the clean up done as well. I like to wait with some of the clean up as our garden critters and insects need a home for the winter too. Leaving stems for insect larva as well as other plant cover is a good idea. If you have a mania for Tulips, as the Dutch did in the 17th Century and probably still do, the variety to choose from is endless. I am partial to the Darwin selections, as they tend to be more perennial in the landscape. Some

### ELECTION, PG 1

contested in Minnesota this year than most any state. FiveThirtyEight, the website founded by polling and statistics expert Nate Silver, recently warned Minnesotans to "be prepared for [the state] to be one of the main swing states going forward." When this publication went to print, Silver's model for predicting the election ranked Minnesota as the eighth likeliest state to cast the deciding electoral college vote and thereby determine the next president. Important "down-ballot" races are also in play. (Preview your ballot on Minnesota's SoS website: [rb.gy/wwye0j](https://rb.gy/wwye0j).) Minnesota's junior U.S. senator, Tina Smith (D), the former lieutenant governor elected to fill the seat Al Franken vacated in 2018, is running for reelection against Republican Jason Lewis, who previously served as U.S. Representative of Minnesota's 2nd congressional district (2017-19) and hosted The Jason Lewis Show, a talk-radio show syndicated by the network that also broadcasts the extremist conspiracy theorist Alex Jones. (Smith is favored to win reelection.) The race to represent the state's 4th district in the U.S. Congress pits the incumbent, Betty McCollum, a Democrat who has represented the district since 2000, against Gene Reichtzgel, a self-employed "farmer, property manager, and self-taught legal expert," who eclipsed his previous opponent by less than 2 percent of the primary vote to emerge as the Republican nominee.

For the state capitol, West End readers can weigh in on the contests in either the 65th or 64th state senate districts, depending on where they live. In the race for state senator in the 65th district, Paul Holmgren (R), a retail sales associate and father of three, is challenging the incumbent, Sandy Pappas (D), the former senate president (2013-17), whose campaign has advertised in the *Community Reporter*. Pappas may be best known for authoring 2014's Women's Economic Security Act, which granted women new protections in the workplace and was credited by Inside Philanthropy with helping Minnesota narrow its gender pay gap in the three years following the law's passage more than any other state in the upper-Midwest. The race to represent the 65th district in

### COMMUNITY, PG 1

with the community to solve crime and assist victims. And we need reasonable gun safety laws that will close registration loopholes and keep guns out of the hands of people who are mentally ill or suicidal. Also, we need to have fun. I'm a big supporter of

### FATHER CLAY, PG 5

be private to support social distancing guidelines, but a virtual funeral will be streamed at <https://www.ststans.org> at a

fostering craft breweries, tap rooms and brewpubs. In the interest of safety, please consider voting early in-person at Ramsey County Elections, 90 Plato Blvd or request a mail-in ballot. All information can be found at [mnvotes.org](https://mnvotes.org).

**SENATOR SANDY PAPPAS**  
*Minnesota Senate District 65 Sandypappas.com*

later date. In lieu of flowers, his survivors ask that you offer a charitable donation to St. Stanislaus Church.

the real estate was inhabited. Where did the squirrel family spend their 2020 summer vacation? Up North in Beech Tree. Here is a fun project to do outside in your yard, on a walk in your neighborhood, in a park, or on a nature hike. It is called a Sound Scape. You can start a nature journal to record what you see and hear. You will need writing paper, colored construction paper or a thicker colorful paper, a stapler, and writing tools. Fold the colored paper in half, insert folded writing paper and staple the folded edges secure. Decorate the cover of the journal and put your name on it. Find a spot to stand or sit still outside. Open your journal and get ready to draw what you hear and see. Spend at least five minutes listening and watching; no talking. Mark the spot where you are standing or sitting. Then draw the sounds you see and hear. I want you to think about where those sounds are coming from. Are they above you, beside you, or in front of you or behind you? Try really, really hard not to talk for five minutes. Do this three times on three different days. Then notice what you see and hear. Have fun with this project. You can repeat it until you fill the journal up with images. Best to you this day.

tulip varieties do not last quite as well here in Minnesota. Daffodils are a favorite of mine. The showy Asiatic Lilies, which are like what is commonly called Easter Lilies, grow from bulbs. Also showy are Daylilies—these are another very popular plant and they grow from a tuber, not a bulb. The very common orange variety of Daylily, sometimes called Tiger or Outhouse lilies is another favorite of mine for their tenacity as a grower and graceful bloom on long stems. The Spring Ephemerals are special on edges and in selected spots. They arrive early and quickly following melted snow and can be gone before you see them. Snowdrops are always early, followed by Crocus, Scilla, Bloodroot, alliums and more. Get inspired now and warm your heart as you look forward to what your planting of spring bulbs and tubers will bring. Happy gardening to you!

a new board member-at-large to replace the late Chairwoman Marny Xiong, who passed away in June. Jim Vue, a parent and program facilitator at a digital arts nonprofit, has served on the board as an interim basis and is trying to fend off five challengers. Among them are James Farnsworth, a senior at the University of Minnesota who serves as executive director of the Highland Business Association; Keith Hardy, a former member of the school board who was ousted in 2015; and Omar Syed, a small-business owner who ran unsuccessfully for the board in 2019. A number of judge appointments are also on the ballot. For associate justice at the Minnesota Supreme Court, voters across the state will choose between Paul Thissen, the incumbent, and attorney Michelle McDonald, who became embroiled in a controversy when she was the Republican nominee for the state's Supreme Court for the first time in 2014 and was found guilty of obstructing the legal process after being pulled over and refusing a sobriety test. Voters in Ramsey county, the state's second judicial district, will weigh in on another contested race: Pat Diamond, a lifelong St. Paul resident who serves as the lead judge in Ramsey County's treatment courts, giving alternatives to incarceration, is running for reelection to the district court against Ngozi Akubuike, a Nigerian-born former Scott county prosecutor who also served as Minnesota's ADA coordinator and legal manager.

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## BEA'S BOOKS One Crazy Summer

★★★★★  
(5 out of 5 stars)

*One Crazy Summie* by Rita Williams-Garcia

is about three sisters: Delphine, Vonetta and Fern. It takes place in 1968 when the sisters go see their mother in Oakland who left them when Fern was a baby. Their mother isn't fun—she's actually very serious. That summer they eat dinner on a tablecloth laid across the floor and aren't allowed to enter the kitchen in their mother's house. Why? Delphine and her sisters have no idea. Delphine often remembers moments she spent with her mother when she was little—she was definitely not as serious before she left. Delphine doesn't know what changed, but she wonders if something in the woman's past or the racism of the time they are living through could cause the seriousness. They go to summer camp, meet new kids, learn important lessons about racial justice with a very kind woman and meet members of the Black Panther Party. One Crazy Summer lives up to the title because that one summer in 1968 turns out to be truly crazy. I recommend it to ages 9+.

One Crazy Summer is about three sisters: Delphine, Vonetta and Fern. It takes place in 1968 when the sisters go see their mother in Oakland who left them when Fern was a baby. Their mother isn't fun—she's actually very serious. That summer they eat dinner on a tablecloth laid across the floor and aren't allowed to enter the kitchen in their mother's house. Why? Delphine and her sisters have no idea. Delphine often remembers moments she spent with her mother when she was little—she was definitely not as serious before she left. Delphine doesn't know what changed, but she wonders if something in the woman's past or the racism of the time they are living through could cause the seriousness. They go to summer camp, meet new kids, learn important lessons about racial justice with a very kind woman and meet members of the Black Panther Party. One Crazy Summer lives up to the title because that one summer in 1968 turns out to be truly crazy. I recommend it to ages 9+.

*Beatrice Cosgrove, 10, is a reader and writer in St. Paul.*

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NEW FREE MEALS are available! In partnership with Ramsey County, Keystone is able to provide FREE Meals on Wheels services to qualifying home-bound, low-income people. Our Meals on Wheels program has been modified during the pandemic and we safely can bring nutritious food to you. For more information, call 651-318-9091 or visit [meals-on-wheels.com](https://meals-on-wheels.com).

**VIRTUAL SENIOR PROGRAMMING**

Until we can gather safely in person, Keystone is offering free virtual programming for adults 55+ in our community! Sign up for the new e-newsletter to get notices about Keystone's brand-new virtual programs, including Zoom social hours and fitness classes. Visit [keystoneservices.org/seniors](https://keystoneservices.org/seniors) for details!

**FOOD SHELVES**

Keystone food shelves are available to anyone needing food support. If you've never considered visiting a food shelf before, but the pandemic has you needing a little extra support to get through the month, our food shelves are for you! For food shelf locations, hours and other information, visit [keystoneservices.org/food-shelves](https://keystoneservices.org/food-shelves).

**BIKE DONATIONS**

Looking to get rid of that old bike taking up space in your garage? Donate it to Express Bike Shop! Donate used bikes and bike parts; these parts will be used by our staff and youth apprentices to turn them into quality and affordable bikes. Donations are accepted Tue – Sat during regular business hours in the back of Express Bike Shop, 1158 Selby Ave, St. Paul



# But Where’s My Doctor?

BY JERRY ROTHSTEIN

With news of radical changes reported on pages 1 and 3 of this issue, we asked Dr. Stephanie Rosener, head of the United Family Medicine (UFM) Residency Program, to explain the process and its hoped-for outcomes.

Dr. Rosener graduated from the UFM Residency Program in 2002, worked at UFM, spent time away and returned to the program she sees as a nationally recognized program of excellence.

With the upheaval described elsewhere, UFM physicians and Residents (representing the classes of 2021-2023), are committed to maintaining and improving the program, ultimately with a new clinic in the neighborhood. Allina Health is working on creating a temporary clinic located close to United Hospital, to open no later than the end of this year.

There has been a longstanding collaboration between the two organizations in service to the community. Yet, in recent months it has become clear that to meet the regulatory requirements for each organization and honor their missions, the organizations will move forward separately. The physicians view this as an opportunity to create a new community clinic and a



UFM Community Forum, 2019

chance to assess emerging community health needs, especially in light of what we have learned about public health deficits during the COVID-19 era.

With a mission and focus to serve everyone in the neighborhood, providing personalized primary care with a family physician — at clinic, hospital or other venues — renewal of the model that has been in place for 27 years is a positive outcome. (Having to depart their building is not.)

As in many other clinic settings, longstanding relationships have been established between UFM doctors and their patients throughout the community. If you have a medical need while this process unfolds you can call UFM at 651-241-1000 to arrange for a visit. If you are unable to see your primary care physician, you can make an appointment with another provider or resident physician.

## BUDGET, PG 2

on this requires spending less on that or finding efficiencies so we can do more with less. Let us know what you think should be deprioritized, what work we can share with other government bodies or non-profit partners, and where you think we could be more efficient.

Finally, share your thoughts early. While we won't take a final vote on the budget

until December 9, my colleagues and I are developing our positions on the budget now. If we want to make big changes, it takes time to look for alternative funding sources and make sure we have the support of a majority of our colleagues.

I hope you'll feel encouraged to get involved in the budget process this year. This will be an extraordinarily tough budget no matter what, but it will be better if we build it together.

# BULLETIN BOARD

REMEMBER TO VERIFY ALL SCHEDULED EVENTS!



### WOMEN'S DRUM CENTER NOW OPEN

The Women's Drum Center (2242 University Ave., West St. Paul) has reopened for socially distanced classes, workshops and events. For the most up-to-the-minute news about programs, visit their website, [womensdrumcenter.com](http://womensdrumcenter.com).

### TECHPACK INITIATIVE PAIRS JOB SEEKERS WITH LAPTOPS AND INTERNET ACCESS

A new initiative bringing computers, internet and digital literacy training into the homes of Ramsey County residents who have experienced economic impacts due to COVID-19. The packs include refurbished laptop, hotspot for internet access and quick start guides. Entries open for three days, November 2-4. Info: [rb.gy/g5o6ms](http://rb.gy/g5o6ms)

### DREAM SCHOLARSHIP CLOSES OCTOBER 15

This renewable scholarship from ranges from \$5,000 to \$15,000 a year based on financial need, and it is open to students who have completed at least one year of college and have demonstrated need. Apply here: <https://rb.gy/ezm2ox>

### SAFE SPACES FOR LOW-INCOME STUDENTS TO PARTICIPATE IN DISTANCE LEARNING

The Sanneh Foundation Distanced Learning Hub at Conway Community Center in St. Paul, enables parents and guardians to continue to work while providing a safe space for their children during

normal school hours. Sanneh hosts 140 students per day and is offering safe, socially distanced access to educational technology as well as tutoring support. Visit their website for more details: [thesannehfoundation.org/distanced-learning-hub/](http://thesannehfoundation.org/distanced-learning-hub/)

### FREE MEALS FOR ST. PAUL FAMILIES IN NEED

The City of St. Paul has partnered with Youthprise, Arts-Us and the Sanneh Foundation to provide free meal service to St. Paul families in need. Families with one or more children under the age of 18 can pick up one meal bag per child per week. Each bag contains 7 dinner meals and 7 snacks. Tuesdays & Thursdays 2-4pm. Palace Recreation Center (781 Palace Ave.) or other locations: <https://rb.gy/vhvyhp>

### HIRING AT DOMINO'S

The pizza chain is hiring 1,000 team members across its Twin Cities stores. Positions include delivery drivers, customer service representatives, assistant managers, managers. Info: [jobs.dominos.com](http://jobs.dominos.com)

### BLOOD DONORS NEEDED

Memorial Blood Centers (MBC) has an urgent need for blood and platelet donations. With hurricanes affecting blood donations in the southern United States and COVID-19 impacting up to 50 percent of blood drives, blood donors are urgently needed to help maintain a stable supply of blood for local hospital patients.

To help in the fight against COVID-19, the FDA has updated some eligibility guidelines—some donors who were previously deferred might now be eligible to give. Check eligibility and schedule an appointment at [MBC.ORG](http://MBC.ORG) or call 1-888-GIVE-BLD (888-448-3253).



Memorial Blood Centers

EMAIL CALENDAR ITEMS TO: [info@communityreporter.org](mailto:info@communityreporter.org)  
FOR COMPLETE CALENDAR LISTING GO TO: [communityreporter.org](http://communityreporter.org)

## CLASSIFIEDS

**TOP CASH PAID!** Antiques, OLDER furniture, beer items, advertising signs, Red Wing crocks, MUCH MORE MISCELLANEOUS. Wescott's Station, 651-227-2469

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Senator Sandy Pappas urges you to

**VOTE IN THE NOV. 3 GENERAL ELECTION**



Early voting is now until Nov. 3  
Go to [MNvotes.org](http://MNvotes.org) for your polling location

**DFL LABOR ENDORSED**  
**Senator Sandy Pappas**  
Cell (651) 247-8698  
[sandypappas65@gmail.com](mailto:sandypappas65@gmail.com)

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